

Community NEWS

Developing and Supporting the Community

Free newsletter



proudly created by

Murilla Community Centre Inc.

November 2023



**Women's Wellness
Day 2023**

**Western Downs' 10
Artists**

Dulacca Long Lunch

**Wandoan Camel
Races**

and much more...



Miles ~ Chinchilla ~ Tara ~ Wandoan ~ Taroom ~ Meandarra ~ Drillham ~ Dulacca
~ Jackson ~ Condamine ~ Guluguba ~ The Gums ~ Glenmorgan ~ Brigalow

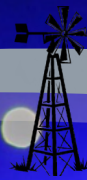


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Find all services and information of Murilla Community Centre Inc. on our
website:
www.mccm.org.au

Community NEWS





Miles

It is bushfire season once again, and by all predictions, this summer will be a scorcher and the fire danger levels are at Catastrophic already. There is also a total fire ban in place for the Western Downs. Please take extreme care when welding and grinding as sparks could very well ignite a bushfire that could become uncontrollable within minutes. Police would also like to remind residents that police take no pleasure in advising occupants of dwellings potentially in the line of fire that they need to leave. It is not a personal attack on your freedom; it is a precautionary measure so that you can remain safe and, above all, alive by staying away from the raging inferno.

On the 29th of September each year police remember their fallen colleagues at Police Remembrance Day. This year was especially poignant for the police of the Western Downs Patrol Group that consists of Miles Police, Tara Police, Chinchilla Police and Dalby Police. Each one of these police stations knew Matt Arnold and Rachel McCrow personally, and Police Remembrance Day allowed the Western Downs Police Stations to take a moment and reflect on the young lives lost. The OIC of Miles Police Station wishes to thank all the members of the public who attended the Memorial Garden at Miles Station and left floral tributes as an expression of their support for police. Your acknowledgement of Police Remembrance Day means the world to police.

Domestic and Family Violence continues to be a major contributor to the calls for service for police, and Miles Police Station is not immune to a large volume of calls for service for DV related matters. Domestic Violence is the scourge of our times, and police are tasked with assisting our communities in the eradication of DV from our culture. Police cannot do this alone. It is impossible for a law enforcement agency to singlehandedly bring about cultural change in the DV sphere without the assistance of other government departments, non-government entities and, most importantly, members of the public. Without your personal input in making police aware of DV, police cannot begin the civil and criminal processes that may be required to protect aggrieved persons and children from violence perpetrated against them by the respondent. Please call 000 in an emergency. Call Policelink for less urgent matters. Call the Miles Police Station for less-than-urgent matters on 4622 9797, or attend the station in person to speak with your local police. The OIC of Miles Police Station has full faith in the professionalism of his workforce, as well as their capacity to conduct thorough investigations into all DV matters.



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Learning

Recently, Murilla Fish Stocking Club went to Hanwood Hatchery at Murgon to look at the breeding cycles of our stocked species.

It was an extremely informative day. For those that don't know we raise money solely to stock the Gil and Miles weirs and its tributaries. This year we will be stocking Cod and Yellow Belly.

We will soon start our major fundraising for the year. We will have our raffle of 2 eskies filled with groceries . Keep an eye out for our club members in purple selling tickets. These prizes will be drawn at the Miles Christmas Carnival.

We will also be having our Ham Wheel as usual at the carnival and also at the Dulacca Hotel early in December.

As usual our Motto is **"We put them in so you can take them out"**.

Left photo: Max Cluff from Hanwood Hatchery and member Les Johanson.

Right photo: Club members Rosemary Johanson, Shirley Walsh and Jan Lucas.



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Miles & District Junior Netball Club

Article and photos supplied by Club Secretary Tanya Raleigh



It's been another fantastic season for the Miles & District Junior Netball Club, culminating in the club's end of season presentations and break-up on Thursday 14th September 2023.

Our club continued to grow this year, with 35 players from across our community joining together to form 3 teams, playing fortnightly in the PCYC Dalby competition and other local carnivals.

This season our Miles Gold team was victorious, winning the PCYC Grand Final against Dalby in an exciting match 14-6! Other season highlights included our Under 8's team winning their division at the Condamine

Carnival and numerous players gaining selection for M&D and South West teams.

Congratulations and well done to all the girls! End of season awards were presented to the following players:

Miles Silver

Most Improved – Kayla Hickey

Coach's Award – Quinn Campbell

Best & Fairest – Charlotte Raleigh

Miles Gold

Player's Player – Piper Johnson

Most Improved - Jade Hickey

Coach's Award – Haddie Amor

Best & Fairest - Chloe Marwood



Miles Gold

Our club is particularly grateful for the generous contributions from local businesses, whose sponsorship and support has allowed our club to invest in new team dresses, bibs, netballs, and other training equipment for the girls.

Thank you! GDL Miles, IGA, Foodworks, Lisa Kennedy, Leisure Pools, T & J Butchery Miles, Miles Accommodation Services, Bullocky's Rest Motel.

Netball is such a great team sport and it's been a pleasure to watch the girls develop their skills, make new friends, solidify existing friendships, and have fun! We look forward to more of the same in 2024.



Miles Silver



Miles Sparkles



MILES AND DISTRICT CHAMBER OF COMMERCE
TOGETHER WITH
MILES SENIOR RUGBY LEAGUE CLUB

presents

Miles Christmas Carnival

Sat, 2nd December 2023

Featuring
Market Stalls - Roving Entertainment - Activities for the kids
BBQ and Bar
Photos with Santa
Giant Stocking Draw
Musical Entertainment
Emergency Services Displays

Bring your own chair/picnic rug
No Alcohol to be brought on site - Licenced Venue

**FREE
ENTRY**

**ALL
WELCOME**

**FAMILY
FRIENDLY
EVENT**

CENTENARY OVAL, MILES
FROM 4PM



Staying Local

After 47 years in business in Miles, Scott & Shaun Guymer have sold Miles IGA.

From early November this year, the local grocery shop will be handed over to the new owners, The Chaplain Family.

John and Sandra Chaplain have owned and operated the in-house butcher shop at the current Miles IGA building for the past fifteen years and now, together with their daughter, Caprice, they will also work and manage Miles IGA. Prior to operating the butchery in its current location, they have owned a butchery in a previous location as well as Chaplain Abattoirs on McNulty Street.

The new owners would like to assure the community that it is "business as usual" going forward. The friendly staff will continue under the new management team. Caprice and John will be working full-time at Miles IGA.

The Guymer family have been in business in Miles since July 1976. Scott purchased the old Foodtown store in 1996. In 2008, Scott and Shaun built the existing store they are currently trading out of, using a local builder in Mark Duncan. The Guymer brothers would like to acknowledge the very strong support from the local community over those years of trading. They also have supported the local sporting organisations and other charities throughout the years of being here in Miles. "We will miss all our wonderful staff who have shaped us as owners and our business over those years. Most importantly, we would like that support to continue with John and Sandra Chaplain and families and wish them all the success moving forward."

Busy and exciting times are ahead at our local IGA.



L to R: Shaun and Scott Guymer, Caprice and Blake Althaus, Sandra and John Chaplain with Tom Chaplain and Brenda Hahn

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WHERE THE *locals* MATTER

Supporting the Miles Community



112 Murilla Street, Miles, QLD

Ph: 07 4627 1521

E: milesiga@bigpond.com





Western Downs'

10 Artists – Fourth Artist introduction

Artist description and artist photo source: Western Downs Regional Council + Interview

This month, the Community Newsletter features Western Downs 10 Artists participant Hilary Coulter.

Hilary lives with her husband and their three children at the north boundary of the Western Downs region. Born and bred here, Hilary was introduced to textile making by her family at a young age, so it's no surprise that she grew up to be a talented textile artist!

After living away from the district for some time, Hilary returned to her family farm in Wandoan which inspired her to explore new forms of creativity and opportunities she may not have had when living in the city, including getting involved in workshops.

Hilary says of herself she is still in the early days of her journey as an artist. She likes to experiment with materials and style. Her exploration of new forms of creativity led her to experimenting with new media such as watercolour, which she now likes to incorporate into her textile pieces, adding to the uniqueness of her creations. At the moment her artworks are a



combination of textile, watercolours and embroidery. Hilary's inspiration comes from "still life" like a bunch of flowers or nature. "I'm just trying to make pretty images."

Having three children and living on a farm, Hilary "works within cracks of time" to create her art. Some of her artwork can be very time intensive. It all depends which medium she includes e.g. beading.

Hilary's greatest take away from art is that you use your brain in different ways. "Doing something creative is good for my overall well-being. Fear of perfection prevents you from creating. You just have to start..."

Find out more about Western Downs' 10 Artists on council's website: <https://www.wdrc.qld.gov.au> or <https://www.westerndownsarts.com.au/>



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Dulacca Long Lunch

Article and Photos supplied by RRR Women President Julie Mayne

Our RRR Women's Dulacca Long Lunch is done and dusted for 2023!

Held at the Dulacca Hotel on Saturday 30 September, over 200 attendees travelled many miles to listen to our guest speaker Sally Warriner, author "Not just the Wife of the General Manager" presented in a conversation style interview with our emcee Caitlin Crowley, from Country Caller, and she certainly didn't disappoint.

Sally fielded questions with professionalism, honesty and humour about what life was like working for one of Australia's richest men, Kerry Packer during her time at Newcastle Waters in the NT. Sprinkled with heartache, laugh out loud moments, and brutal honesty, Caitlin whittled out of her what it takes to be a woman in the bush. "You may have spent a lifetime trying to find yourself, but, at the end of the day, you've been there all along". She spoke of a life lived fully, about mistakes, asking for help, about husbands, children and grandchildren. One message that stood out to me whilst listening to Sally, was "I left with nothing but my skills, and a few boxes of personal possessions in the back of a Toyota Camry". And, what skills we have! Let them be better recognised to a wider audience, to industry, to government, to business, to community and to family. And, in true bush spirit, Sally stayed at the Dulacca Hotel to keep the conversations going well into the night.



We would also like to acknowledge the tremendous effort made by Natalie and Danny Scotney and their team at the Dulacca Hotel for hosting our event again. Serving a lunch of turkey, salmon and tenderloin with accompanying sides and beverages provided by Brown Bros, was worthy of a five star event.

RRR Women are a statewide NFP organisation celebrating 30 years this year. We connect and educate our RRR Women with free leadership and governance courses, and our work in the advocacy space ensures our voices are heard and our issues are raised.



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We would like to acknowledge our sponsors who recognise the importance and celebrate the contributions of our rural women. Without them our lunch wouldn't be possible, connections wouldn't be made, issues wouldn't be raised and our support networks would remain limited. Together we are stronger.

CBA, Envision Partners, Origin Energy, David Littleproud, Dulacca Foliage, WestRex, JK Cattle Company, GrainCorp, Dulacca Windfarm, GK Skin.



MORE THAN JUST FLOWERS

In many small communities, local shopfronts often serve as a central hub, a place with people gather and stories are shared. This is certainly the case for store owner Erin Ford of Chinchilla Florist.

In the midst of the COVID-19 pandemic, Erin saw an opportunity to nurture her lifelong love for flowers; leaving her Northern Rivers (NSW) roots and career in Banking and Finance behind, Erin ventured out to Chinchilla to run Chinchilla Florist.

Erin has since been busy honing her craft while also expanding the product offerings and most recently has had a shopfront makeover and is overwhelmed by the community support from locals and other shop owners.

"I'm so proud of the transformation but the most rewarding part of the journey has been the support from other local businesses". said Erin.



With most shop owners and staff knowing their customers by name, Chinchilla locals have a strong affinity for shopping on their high street.

"Residents here really value the sense of community and contribution that local businesses bring". said Erin.

Upon stepping into Chinchilla Florist, you'll immediately notice the love and care that has gone into every detail. Erin has worked tirelessly to breathe new life into this iconic shop.

The offerings include a curated selection of scented candles, artisan chocolates, beautiful gift hampers, an extensive range of dolls and baby shower gifts and much more. Products are sourced from local artisans and small businesses, ensuring that small communities thrive alongside Erin's boutique flower and gift business.

The team at Business Navigator are working with Erin both online with her Shopify store plus the shopfront.

Visit chinchillaflorist.com.au to find the perfect gift to celebrate the special moments in your life.

Business Navigator Western Downs is supported by Shell's QGC business and delivered by Toowoomba and Surat Basin Enterprise. The social investment program, supported by Shell's joint venture partners Tokyo Gas and CNOOC, contributes to a strong and diverse economy within the Western Downs.





Updates from Dulacca Wind Farm



Commissioning Phase

Dulacca Wind Farm has now completed turbine installation! This means that all 43 turbines have started to spin. The turbines will now be put through rigorous testing in preparation for the site to become fully operational.



At its peak, the construction of the Dulacca Wind Farm supported around 150 jobs in the region during the construction period and once fully operational, the Wind Farm will generate enough electricity to power more than 124,000 Queensland homes.

Dulacca Wind Farm would like to extend our gratitude to all those who have contributed to this success, including our dedicated team, our valued partners, our landowners, and the community.

We look forward to continuing our efforts to advance renewable energy and make a critical contribution to a sustainable environment that has stepped beyond pollution for current and future generations.

Community Benefit Fund

Dulacca Wind Farm is thrilled to introduce the Dulacca Community Benefit Fund—an initiative designed to support our local community. We are excited to work together with local groups and businesses to make a positive impact.

This fund isn't just about money; it's about making real changes that last. We want to help bring innovative and sustainable projects to life, ones that will make our community even better. Our commitment to this program shows how much we value being a part of this community.

We'll be sharing more details soon, but for now, **we would like to hear from you!**

Visit our website at www.dulaccawindfarm.com.au where you will find a quick online survey so we can learn about what matters to you. Your input will help us shape the fund and make sure it goes towards things that the community really needs.

Join us on this journey to create a brighter future for Dulacca!!



Dry Spell

Article and photos by Sue Akeroyd

What a difference a year makes! Last year floods were preventing people from entering the Garden on occasion and this year we have had two consecutive months with zero rainfall.



Plants are now displaying their resilience to these dry conditions or showing reluctance to survive.

Our most recent focus has been on trying to control the very large cactus plants. Several months ago three officers from the local council came to the Garden to demonstrate the best methods of killing these weeds. The Garden has now purchased some equipment as recommended by these officers and attempted the slow process of injecting the trunk of these plants.

We understand that if the herbicide is injected correctly, the plant will be dead within a month.

Let's hope we achieve some success and gain much knowledge about effective techniques.



Advertise Here

If you have something to say or advertise in the Newsletter, please contact us on 07 4627 2027 or email mccmcd@bigpond.com

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An initiative of the Knights of the Southern Cross



Wandoan Camel Races

Article by Jacinta Cummins Photographs by Troy Tompkins and supplied by Senex Energy

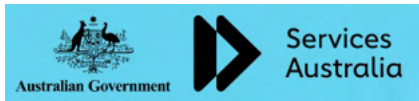
Travellers came from near and afar in support of the biennial Wandoan Camel Races to raise funds for the all-important Wandoan Kindergarten. Event Coordinator Hope Powne said thousands of revellers descended on Wandoan to join in the festivities of the Camel Races and in the process raised tens of thousands of dollars. This money will help fund the Wandoan Kindergarten's operations, ensuring the district's children have access to quality early learning resources, equipment, and educators.

"The event wouldn't have been possible without the countless hours put in by both the committee and community members, and the generosity of sponsors," Hope said. "Local Wandoan volunteers combined their efforts to volunteer more than 300 hours to support the success of the Camel Races and in the process, raise vital funds for the Kindergarten. "I think I speak for all the Kindy when I say I was blown away by the way the local community supported the event."

Senex's Spring Soiree in the VIP Marquee proved popular with punters once again with all the tickets snapped up and sold in record time. Senex Community Relations Manager Trevor Robertson said Senex was delighted to support the Wandoan Kindergarten for the third time by sponsoring the Camel Races VIP Marquee. "The Wandoan Camel Races is an incredible event that unites the community and draws people from far and wide while stimulating the local economy," he said. "Senex is proud to support the communities that underpin our operations because we believe in the liveability, vitality and longevity of towns like Wandoan. "Congratulations goes to everyone involved with the races, but I'd like to call out Hope Powne who coordinated the event alongside her part time work for Senex."

Judging by the smiles in the crowd, it seemed everyone backed a winner with the Wandoan Kindergarten and the local community winning first place.





Support for carers

Information from Services Australia website & <https://www.qld.gov.au/community/support-for-carers/support-groups-for-carers>

Services Australia recognises the 2.65 million Australians who provide care and support to a family member or friend. If you care for someone, Centrelink may have payments available to support you like Carer Payment and Carer Allowance. There are also payments available for the person you care for, like Disability Support Pension and Age Pension.

SUPPORT SERVICES FOR ALL CARERS: Wellways Australia provides a range of Carer Gateway Support Services for carers including face to face counselling, planning assistance and financial packages. Wellways can be contacted on 1300 111 400 or by emailing carergatewayservices@wellways.org.

Carers Queensland is the peak body representing and advocating on behalf of carers throughout Queensland. Carers Queensland provides a range of support and accredited training for carers.

Arafmi Queensland supports those who care for, or about, someone with a mental illness. It offers phone support, counselling, family respite, support group meetings and workshops for carers. To find out more call (07) 3254 1881 (24 hours).

Information about support available for veterans' families is available from the **Department of Veterans Affairs**.

Carer Gateway is a national online and phone service that provides practical information and resources to support carers. The interactive service finder helps carers connect to local support services. To find out more phone 1800 422 737 (free call, Monday to Friday, 8am to 6pm).

Commonwealth Home Support Program helps senior Australians access entry-level support services to live independently and safely at home. It works with you to maintain your independence rather than doing things for you. For more information phone My Aged Care on 1800 200 422.

My Aged Care provides information and advice about disability, aged care and other support services for people over 65 and their carers. To find out more call the Commonwealth Aged Care Information Line on 1800 200 422.

Queensland Community Care can help people with disability under 65 years of age (and Aboriginal and Torres Strait Islander people under 50 years of age) with services provided in the community and in your home. Phone Community Access Point on 1800 600 300.

Government Services—closer than you think - Miles, Chinchilla & Tara

Services Australia can help you with Centrelink, Medicare and other government programs and services. We're all Agents of Services Australia. Using our computers, you can log into your myGov account and do your business on the spot. If you don't have a myGov account, we'll help you to set one up.

You can access the phone self service or speak to a Services Australia Service Officer. If you'd rather use your mobile phone or tablet, we've got free Wi-Fi available 24/7. You don't need a password so you can get online straight away. You can also use the Wi-Fi to download and install the Express Plus mobile apps. We can help you set up your digital services if you're not sure what to do. You can also lodge forms, get your identity documents confirmed and pick up brochures. Your local Agents are:

Murilla Community Centre, 73A Murilla St, Miles. We're open Monday - Friday from 9am to 4pm or call 07 4627 2027 to make an appointment.

In Chinchilla, you can visit the **Chinchilla Community Centre** in 67/71 Middle St. Monday to Friday 8:30am to 4pm or call 07 4662 8528 to make an appointment.

Tara Neighbourhood Centre at 41 Day Street is open Monday to Friday 9am to 12pm and 1pm to 4pm. Please call 07 4665 3508 to make an appointment.



Sustainable & more secure water system for QLD

Source: <https://www.rdmw.qld.gov.au/>

On 16th October the Department of Regional Development, Manufacturing and Water has released the Queensland water strategy.

"The strategy includes initiatives to improve how we deliver a sustainable and more secure water system for Queensland. It encourages partnerships between communities (including Aboriginal peoples and Torres Strait Islander peoples), government and industry for water initiatives. By working together, we can all make a difference to the future of water management - leading to healthy, more resilient catchments, communities, and industries. Water supports industry and jobs, the food we eat and the world around us. Water used wisely over time will give us thriving regions, and healthy communities and catchments. It will become even more vital as we prepare for climate change impacts and a growing population."

Find the complete pdf document on the Department of Regional Development, Manufacturing and Water website www.rdmw.qld.gov.au

The department encourages you to tell your story. "If you have a story ready to share you think is relevant to the strategy, email us and we will contact you for details. Sharing successes encourages innovation and understanding of the critical role of water in our lives." Email: WaterReform@rdmw.qld.gov.au



JC Mechanical

James Conway
DIESEL MECHANIC

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JC Mechanical is a local business which is independently owned and operated by James Conway. JC Mechanical services the Western Downs, Banana and Maranoa districts in Queensland.

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Prevention is better than a cure

Text and photos supplied by: Momentum Mental Health

It's a centuries-old adage that holds true for modern healthcare and especially for mental healthcare.

So, it's not surprising that Momentum Mental Health has been welcomed with open arms by communities within the Western Downs since opening its doors at the Chinchilla-based service in January 2023.

Wendy Green, Communications and Partnerships Manager for Momentum says GP and referral partners in the Western Downs and Darling Downs have expressed great support for the service, particularly because people don't need a diagnosis, referral, or mental health care plan to access Momentum's services.

"The bulk of GP appointments are for mental health care plans," she said. "And then their patients either can't get an appointment with a psychologist or can't afford the gap payment."

"And the non-diagnosis also works for people who believe they'll be penalised in their industry for having a mental health issue. We've removed as many barriers as possible to people being able to improve their mental health and wellbeing."

Australia Post grant helps bring the community together.

It is well documented that Australians in rural and regional areas struggled with isolation and mental health during the pandemic lockdowns. But after the lockdowns lifted, very few of the regular community events were revived and people have lost the opportunity to connect in person.

Earlier this year Senior Wellbeing Coach Davida, who is based in Chinchilla, nominated Momentum for a People of Post Grant, and in May 2023, Momentum received word that it was one of the recipients of a \$1,000 grant to go toward hosting two morning teas in the Western Downs.

"We wanted to create an opportunity for people to come together to have a bite to eat and a yarn with no pressure," Davida said. "It's just about simple connection and catching up with people."

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SPECIAL DEAL!

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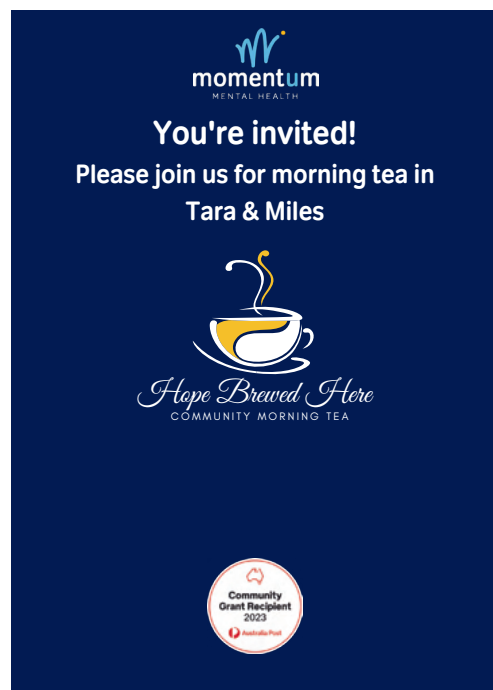
*EO & E all pricing includes delivery to site in most areas across Queensland only, subject to Lysaght standard freight zones. Additional fee's may apply if your site is not in a standard delivery zone. "Drive in and out" building has been designed to Region B, Terrain Cat 2 - N50 wind region. ALL prices are for the supply of 1 x shed kit only (downpipes excluded). Additional costs for erect and concrete services apply.



In November 2023, Momentum will launch Hope Brewed Here, a community morning tea held in Tara and Miles to say thanks to this fabulous community who supports our services and one another.

All are welcome to attend, and people are welcome to grab and go, or stay and have a chat.

Catering for morning tea will be provided. Australia Post's People of Post Grant is helping Momentum Mental Health strengthen connections within communities.




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2023 OLY IN THE OUTBACK

Article and photos supplied by: Sonia Stenhouse

2023 OLY IN THE OUTBACK, being held in conjunction with Qld Masters Championships.

Local Competitors from Saints Weightlifting Club will join lifters from all throughout Queensland to compete in the sport of Olympic Weightlifting. With many past and present Australian Representative athletes amongst those attending, it is sure to be a very exciting event for our community.

With the youngest athletes competing being aged under 13 yrs, through to Masters aged in their 60s and even 70s, this will be a display of strength and power not to be missed. It will also be the first official competition for Saints club's newest lifters.

The event is to be held on 2nd & 3rd December 2023 at Miles High School MPA from 9am.

Oly in the Outback is bringing athletes and officials from all over Queensland to Miles for the weekend, so let's also show them our support by turning out to cheer them on.

Spectator entry is free of charge, and we invite everyone to come along and learn what Olympic Weightlifting is all about! We guarantee you'll be on the edge of your seat. Spectators are welcome to drop in at any time during each day's sessions. BBQ, Canteen and Coffee Van on site each day.

Athletes will be in the running for unique Condamine Bell trophies, commemorative medallions, prize money and more. Clancy Cinnamon of CC Donut Productions will be filming all weekend to create a segment celebrating our event.

Saints Weightlifting Club appreciate the support from WDRC through the Local Events Program and Community Activation Grant. And also thank MPK for their sponsorship support. Boks Bacon are providing sponsorship for the Qld Masters Championships. '

Oly in the Outback will be a thrilling and well-supported event, and it's a great opportunity for the community to come together and celebrate the sport of Olympic Weightlifting.

The brief history of Saints Weightlifting Club provides an insight into its origins and growth over the years:



Deborah Aason

Founding and Early Years: Saints Weightlifting Club was established in Miles in 2013 by Deborah Aason (nee Lovely), a highly accomplished athlete with a notable record of two Olympic appearances and five Commonwealth Games, including winning gold.

★ ★ 2023 ★ ★

OLY IN THE OUTBACK

WATCH OLYMPIC WEIGHTLIFTERS OF ALL AGES COMPETE AT THIS UNIQUE EVENT

FROM 9AM, 2 & 3 DECEMBER BBQ, COFFEE VAN & CANTEN ON-SITE
Miles High School MPA, Pine St, Miles



Steven Graham

The club's inception was humble, starting with a small group training on concrete behind the Presbyterian Church in Miles. Deborah, along with her husband Josh, moved to Miles when he assumed the role of the minister of the Presbyterian Church.

Growth and Transition:

What began as a modest gathering grew into a club with both junior and adult lifters actively competing. In January 2016, the Club transitioned into Murilla Fitness Centre, as I took over coaching responsibilities when Deborah's family relocated to Ipswich. The club is affiliated with both the Queensland Weightlifting Association and the Australian Weightlifting Federation.

Membership and Training: Saints Weightlifting Club currently boasts approximately 15 members, showcasing a diverse age range from 12 years old to those aged 65 and above. Training focuses on mastering two key lifts for Olympic Weightlifting competition - the Snatch and Clean & Jerk.

Achievements and Recognition: Throughout the years, club members have excelled in competitions at various levels, including Club, State, and National. As a Coach, I have been fortunate to be selected for Coaching and Management roles with both Queensland and Australian representative teams. It is a pleasure to help our Club lifters improve and develop.

Oly in the Outback: The inaugural Oly in the Outback competition took place in 2018 and has since gained popularity among lifters from various Queensland clubs. As the only Olympic weightlifting club west of Toowoomba, Saints Weightlifting Club takes pride in organizing a unique, country-themed competition that welcomes participants of all ages and abilities.

Overall, the history of Saints Weightlifting Club is a testament to its roots, growth, and commitment to

fostering weightlifting talent in a regional context. The club's achievements and its role in hosting events like Oly in the Outback contribute significantly to the broader weightlifting community in Queensland.



Chloe Kerwick

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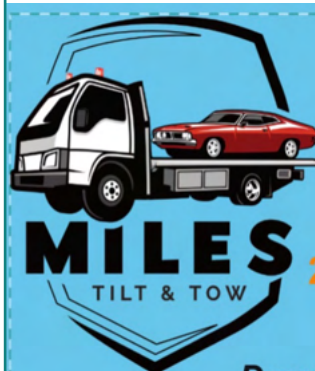


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“Bora”, “Benem” and “Wallaby Ridge”, Jackson North

- Located *36km North of Jackson, *110km to Roma and *90km to Miles.
- Rural power, mail service twice weekly, mobile and landline phone service. Roma and Miles offer usual services including retail, medical, cultural, sporting and schooling. Handy access to sale yards and feedlots located in Roma, Condamine and Dalby.
- Slightly undulating open grazing country with improved and natural grasses running onto timbered ridge. Timber consists of Box, Brigalow, Ironbark, Cypress Pine and Lancewood with good stands of natural grass cover.
- The property is well watered with a total of 16 dams throughout.
- Subdivided into 9 main paddocks with 2 holding paddocks. Majority of fencing is in good condition. Laneway running to stock yards. Yards complete with head bale and calf branding race, loading ramp and water trough.
- Main homestead features 3 bedrooms set in fully fenced yard with established gardens. There is also a timber 5 bedroom home powered by solar system on the property.
- Improvements include combined machinery and hay shed, car/workshop shed, horse yards with feed and hay shed attached and tool shed.

AUCTION



Leichhardt Centre, Miles

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Jackson

Article & Photos supplied by Margarette Sinnamon

After a couple of busy months for the community it is enjoying a quiet time before the QCWA is pleased to host the Seniors BBQ on the 29th October commencing at 5pm at the Jackson Hall. Photos will be in the next Jackson Jottings. Thank you to the Maranoa Regional Council for their continued support of the Jackson community.

We are looking forward to seeing all our valued senior citizens and their family and friends on the day.

Jackson locals Gary Littleton and Linda Hyland attended the Noonga Community Seniors Day and had an enjoyable day catching up with everyone.



Dates to remember for Jackson is the Annual Christmas Party on the 9th December.

A reminder that 2024 is the centenary year for QCWA Jackson and a number of events are being planned to include a function in May and one on the 31st August with Cathy Drummond providing some of the entertainment.

More updates on all these events will be including in future Jackson Jottings and you can also find us on Facebook.

Stay Safe until next month.



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NEWS FROM MILES STATE HIGH SCHOOL

Creating strong connections with our community allows students to experience and succeed, carving out pathways for themselves.

EXPERIENCE SPORTING EXCELLENCE...



🏆 NEWS FROM THE AUSTRALIAN ORIENTEERING CHAMPIONSHIPS IN WA 🏆

Ingrid and Gretel had a great time at the Australian Orienteering Championships in WA. The girls competed in seven races over nine days including three Aus Schools events.

Ingrid and Gretel both recorded their best results of the carnival in the Schools' Long Distance event. Ingrid had a really good run in the Senior Girls (U19) division, finishing as the 10th placed Australian (or 18th place for Australia/New Zealand combined).

Gretel was the 22nd placed Australian (31st for Australia/New Zealand combined) in the Junior Girls (U15) event.

Photos and story contributed with many thanks!!

EXPERIENCE YOUR FUTURE...

🚜 RURAL OPERATIONS ON TOUR 🚜

Our Year 11 and 12 Rural Operations students,

accompanied by Mr Perry and Miss Turvey, travelled to TAFE Kingaroy recently, to take part in the practical tractor and quad bike component of their course.

EXPERIENCE ACADEMIC SUCCESS...

QMEA BIG DAY...

During October we welcomed the QMEA (Queensland Minerals and Energy Academy) to the school. The school, in partnership with the QMEA, hosted a daylong event for our Year 7-9 students. Students rotated through a number of different activities including Exploration, Pressurisation, Mentoring and Inspecting. Thank you, Queensland Minerals and Energy Academy.



HOMEWORK CENTRE NEWS

Don't forget that we now offer free Homework Centre Support on Monday and Wednesday afternoon for busy families. Please contact the school office to arrange for a form to be sent home and a booking made. Students are provided with a light afternoon tea at 3:00pm with the Homework Centre being open and fully supervised until 5:00pm.

SCHOOL TOURS AVAILABLE

Please do not hesitate to call our school office (46285111) to arrange a guided tour of the school facilities and what we can offer your child.

☀️ MILES STATE HIGH SCHOOL ☀️

ENROLMENTS FOR 2024 BEING TAKEN NOW!

We invite you and your child to be part of the experience... Join a member of our Administration Team for a tour of the school where, like our current students, we can map your child's individual future pathway to success.

Call the school office to arrange a meeting on 46285111.



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The Miles Independent Country Entertainers

We wish to welcome all Musical enthusiasts to an afternoon of music, friendship and relaxation, being held on the second Sunday of each month.

Venue: Catholic Church Hall Miles Cnr of Eleanor and Dawson Street

Time: 1pm till 5pm

Entry \$5.00 per adult

Dates for the coming 5 months are as follows: November, Sunday 12th 2023 / December, Sunday 10th 2023 / No music in January / February, Sunday 11th 2024 / March, Sunday 17th 2024 / April, Sunday 14th 2024.

Please bring a plate for afternoon tea and join us for a cuppa and a chat.

We welcome walk up singers, musicians, poets, and good bush yarns. We welcome all interested persons.

For any further information please contact Maree Cruickshank ph 4627 1494.



James Perkins

Double Celebration!

The Condamine-Arubial QCWA will be celebrating their centenary with a Melbourne Cup Lunch, on Tuesday 7th of November, from 10.00am, at the Condamine Sports Club. Tickets \$30 at www.trybooking.com/CLZKO or contact Helen 0429 626619 or Alison 0477002709. RSVP Friday 3rd November. All are welcome.

The Day includes a delicious 2 course Chicken and Champagne Lunch, Ludwig and Will Coffee, Sweeps, Fashion Prizes and viewing of the Melbourne Cup. The Feature Event will be the running of the "Condamine-Arubial Cup".

Help us to celebrate Condamine District's and/or CWA's Heritage in a fun and entertaining way by purchasing a Horse to enter (not physically buy) into the inaugural "Condamine Arubial Cup". Cost is \$25*. Money raised will contribute to cash prizes for 1st, 2nd and 3rd placegetters plus the Cup. *the horse is a wooden pull along toy horse on wheels which will be reeled in by rope by entrants sitting on chairs at the far end of the lane ropes. To be run in heats. Winners of each heat to compete in finals heats etc.

If interested, please contact Helen Clarke (President) on 0429626619 for an entry form and our Branch Bank Account details for Horse Entry Fee payment. The entry form details will allow Helen to write up a bio for use when parading the "horse" in the saddling enclosure.

For updates check out our Facebook page "QCWA Condamine-Arubial Branch".

We wish to acknowledge the support of the Western Downs Regional Council for this event.





Monthly Update



Article and photos supplied by Club President Peter Delaforce

Hello and welcome to our monthly update. Our fishing club headed to Warra Weir in September and set up camp for the weekend. Great weather and a slight trickle of water was still crossing the weir wall. 24 members attended and there was plenty of great catches recorded showing the Condamine River is still producing some great fish in the Western Downs. 119 Carp, 11 Jew, 16 Yellow Belly and 4 Spangled Perch. All native fish were measured, weighed and released and the carp were all disposed of.

There is plenty of opportunity at Warra Weir for the boat entry and banks of the river to be repaired so that more people can enjoy this location. It is a great place to spend the day with family and friends and perfect for kayaks and bank fishing or just a day out and BBQ. Unfortunately there are no facilities at Warra Weir and something the club would like to see council consider in their public places upgrades.



A few changes to the leader board with Dylan Richards from Warra making the biggest move in Junior boys with a huge day and night fishing effort put in. Dad, Dan Richards also made sure his local knowledge was put to use with 22 points from the Warra event seeing him leapfrog into third.

Senior Mens	First Peter Delaforce	Second Jim Bell	Third	Dan Richards
Senior Ladies	First Deb Staines	Second Sharni Corkill	Third	Ann Smith / Kaye Coleman
Junior Boys	First Dylan Richards	Second Quinn Bell	Third	Axel Smith
Junior Girls	First Chloe Richards	Second Mackayla Forrest		

The next rounds of the Western Downs Carp busters Series will be in Dalby for November and then back to Miles in December.



For membership and general club enquiries please send an email to peter@anglerforce.com.au.

Share your NEWS here

If you have something to say or advertise, please contact us on 07 4627 2027 or email mccmcd@bigpond.com



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Find out more about Miles here:

<https://www.westerndownsqeensland.com.au/towns/miles/>

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OH WHAT A FEELING



Jessica Clark has found her traineeship with Senex Energy is giving her the on the ground skills to support her ongoing tertiary education.
Photo: Senex Energy

\$10,000 Senex STEM Scholarship applications open for Surat Basin

Senex Energy is offering two Surat Basin school leavers \$10,000 each to assist them to study a STEM or STEM related university course in 2024.

Applications are now open for the inaugural Senex STEM Scholarship and close on November 30.

The scholarship consists of two \$5000 payments and the opportunity for paid in the field work and accommodation at Senex's Wandoan or Roma sites during university breaks.

Students who have completed most or all of their schooling in the Surat Basin and will be studying a STEM field such as engineering, geology, data analytics or environmental science can apply.

Those intending to study STEM related fields like economics and occupational health and safety may also be considered.

The STEM Scholarship was established when Senex Energy CEO Ian Davies donated the prize money from his Toowoomba Surat Basin Enterprise Leadership Award in 2021 for his leadership in Queensland's natural gas and resources sector.

Mr Davies explained that the resources sector had always been at the forefront of embracing innovation and Senex Energy was committed to playing its part in encouraging more students to pursue STEM degrees.

"Through the Senex STEM Scholarship we can help address the growing demand for skilled professionals," he said.

"Whether it's in traditional fields like our gas operations or emerging areas such as artificial intelligence, renewable energy, and biotechnology – Senex is looking to empower and support the next generation.

"I encourage all eligible Year 12 students with a passion and a plan to study STEM to apply."

Students who graduate Year 12 this year planning to study STEM in 2024 can get more details at senex.com.au. Entries close November 30 with recipients announced in early 2024 subject to receipt and acceptance of a university offer in a STEM or STEM related course.



Murilla Respite being creative

Come along to the opening of the art exhibition from our local Murilla Respite Group on Friday, 17th November 2023 from 6pm. 15 local Miles seniors exhibit their artworks collected since 2022 on the curved wall at Dogwood Crossing in Miles.

Artworks were created over the past year during their weekly centre Respite day, where the seniors enjoy morning tea followed by interactive activities with our local artist Darryn Campbell.

For their first exhibition the following locals are involved: Jean Brown, Hazel Dunn, Fay Hollis, Jim Kilner, Chris Mc Donald, Margaret Middleton, Daph Moore, Steve Moore, Dell Richardson, Margaret Rigby, Marlene Shaw, Mary Sinnamon, Betty Smith, Dorothy Upton and Heather Woodford.

Their favorite art project was the recent "Dogwood Express" train for Back to the Bush Festival 2023 window display at Murilla Community Centre.

During the exhibition some artworks will be for sale. The profit will go towards new material for their future art projects.

Chris Mc Donald, Dell Richardson and Betty Smith with Jean Brown, Daph Moore, (behind) Marlene Shaw and Fay Hollis next to their joint artwork "



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That's a wrap for 2023

The Miles Devils season has come to an end but the work and events at Centenary Oval continue during the off-season.



December 2nd 2023 the Miles Devils are teaming up with the Miles Chamber of Commerce to host the Miles Christmas Carnival at Centenary Oval once again. This event was first trialled last year and was a huge success. Previous Carnivals (pre Covid) were always held in Murilla Street on a Thursday night, but it was thought that with the increasing amount of traffic through town and the limited space available to move it to Centenary Oval. Changing the day to a Saturday also

allowed families to attend without having to worry about kids having to get out of bed the next day for school, and with the wide-open spaces of the facilities – families could enjoy a more secure and relaxed venue, and know their children were safe.

The Miles Devils will be running a canteen and bar, Miles fish restocking group will be doing ham wheels, and there will be many varieties of stalls selling everything from Handcrafts to Fairy floss – so you may be able to pick up a few gifts for loved ones for Christmas. There will be free face painting for the kids kindly sponsored by Arrow Energy and the Western Downs Regional Council is sponsoring Laser Skirmish for the older kids.

School children from our region will also be performing song and dance throughout the evening. Miles Emergency Services will also have displays for everyone to enjoy.



Thank You Ventia

During October the Miles Devils were lucky enough to be the recipient of funding from Ventia through the Community Grants Program. This allowed the Club to purchase 50 more chairs for the Clubhouse. This now gives the Club good sturdy chairs for the use at games, meetings, and other gatherings at Centenary Oval. These will come in very handy at this year's Christmas Carnival. We thank Ventia for their contribution to the continued improvements at our Club. The Miles Devils Clubhouse and facilities is available for hire for Party's, Meetings or Corporate Events. Contact the Miles Devils for more information.





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Murilla Community Centre Inc

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Murilla Community Centre



Tennis & Senior Morning Tea

Article and photos supplied by: Polly Leahy

Noonga's 2-day tennis tournament The first weekend of the September school holidays saw the hit off of Noonga's 2-day tennis tournament with players from Chinchilla, Tara, Roma, Miles, Emerald and all in between. Tournament games of Open Singles events, A & B grade ladies and men's doubles and Mixed doubles. 46 players in all competed through the weekend. Many families and individuals took in the opportunity to enjoy the relaxing country hospitality and open air surroundings, and brought along their caravans, campers and many slept in tents this year.



Karlene Haslop
& Nikki Richards
ready for Ladies
Doubles

Big thanks must go to Owen Brockhurst and the team at Miles GDL who are continuous supporters of the Noonga tennis club and sponsor this event every year.

Noonga's Seniors week Celebration morning tea Noonga hosted its bi-annual Seniors morning tea on October 10th with 65 people in attendance. Noonga organised a bus from Miles to transport the seniors from Miles and surrounding areas out to Noonga. Thank you to Noonga's president Barry Sinnamon who volunteered to drive the bus. It was a great morning with guests from Wallumbilla, Yuleba, Noonga, Jackson, Dulacca and Miles attending. Maranoa Regional Council Mayor Tyson Golder and other local MRC council staff dropped by for a quick visit. Guests were treated to a gourmet morning tea, homecooked by Noonga local ladies, Mary Leahy, Bronwyn Godfrey & Helen Golden, while local business Payton's Pantry supplied the remainder of treats. There were local stalls of Kerry Hewitt's timber work, Mary Leahy's Nutrimeritics, Polly's on Gullagimbi & Payton's Pantry. Everyone thoroughly enjoyed the mega cent auction and raffle. Thanks to all local businesses who generously donated (check Noonga facebook page for list of donors).



Noonga's Senior Week organiser Polly Leahy, Maxine Thomas, Matty Harland & Matt Hunt ready to serve tea

Big thanks to Origin Energy staff Maxine Thomas, Matty Harland & Matt Hunt who arrived to help serve cups of tea and help the elderly during the morning. Their help and support was so greatly appreciated by the Noonga community & all those who attended.



BIG shout out to Cecily and all the team at the Murilla Community Centre who so generously donated the hire cost of the bus to transport the seniors to Noonga, Thank you for your support.

NOONGA'S future DATE CLAIMERS:

Noonga Community Christmas Tree: Saturday, December 16th, 2023

Sheryl Sinnamon Memorial Cricket Day: Saturday, January 6th, 2024

Noonga's Black Tie Affair: Saturday, March 16th, 2024.



Visits & more

Article and photos supplied by: Historical Village Museum & Visitor Information Centre, Carol Tribe

SCHOOL HOLIDAYS Wonderful to see so many families travelling out west for the September school holidays. We had a large number of visitors from the Brisbane region and interstate, with many of them travelling through Miles to enjoy the splendours of Carnarvon Gorge as well as traveling further out west. Miles Historical Village is the perfect stopover to gain knowledge of the local history before heading further down the track.

TOURING GROUPS We warmly welcomed a group of rally goers from the 36th National CMCA Rally (Campervan and Motorhome Club of Australia) to the Village on Friday 13th October 2023 where they were entertained by local play members performing a good old-fashioned Radio Play whilst enjoying a delicious lunch in the Red Rose Café. A guided tour around the Village revealed interesting historical stories of the museum and local area.



Members from the Jaguar Drivers Club Darling Downs visited us on Saturday 14th October 2023 for a well-earned pit stop in the Red Rose Café for lunch. The rally members thoroughly enjoyed exploring the Village and all our amazing collections.

SUNSET TOURS Our Sunset Tours have been a wonderful initiative for the Village and presented an opportunity for overnight travellers to visit the Museum with the added bonus of experiencing one of our wonderful western sunsets. The final tour on 27th September 2023 was well supported with over 60 attendees during the season.



PETER FORD Peter Ford and his partner Sally Loane were in Miles recently travelling to Charleville for the Remote Australians Matter conference, which was being chaired by Peter's sister Annabelle Brayley.

Peter is the son of Bud and Trish Ford who were the founding members of the Historical Society. Peter was excited to see the Village has been kept true to his parents' vision of over 50 years.

He had a particular interest in the Great Artesian Basin Interpretive Centre, as this was a Bicentennial project, and his mother was awarded her OAM for her work in this area.

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Contribution from a Tara resident

What's in a name?

Residents in small rural communities that are tucked away and hidden between more established towns each have their own script on how to explain where they live. *"Oh, you follow the M1 to the end, then take the third exit and follow that for about 200 km. You'll come to a little town with a giant elephant on the roof of a pub. We live about 40 minutes from there."* With our town, we don't need to explain it anymore. Tara, Queensland has a name for itself, or should I say, has had a name *made FOR itself* in recent times.

After the tragic incidents of December 2022, where 2 Queensland Police Officers and one member of our community lost their lives, certain terms were constantly used and highlighted over different media across the nation.

Tara had a name closely related to terms like "sovereign citizen", "conspiracy theorists", and "blockies". Locals around Tara know these words well, with many of us having heard these words describe each and every resident of this wonderful community and its surrounds in a derogatory manner.

We could have blamed the media for disparaging Tara during its time of need. We could have blamed the Facebook keyboard warriors who post unnecessary comments, or share uninformative articles behind the "Anonymous" pseudonym. But we also needed to blame ourselves for using these terms within our own community.

The term "blockies" was around well before the late tragedies struck Tara. In fact, when researching Tara before buying land here, I came across it in forums where people asked "Why is the land so cheap in Tara?". Things that had nothing to do with what I came to understand the term "Blockies" referred to, but still the slur had made itself known online.

When we finally decided to finally take the leap and give up our creature comforts of Sydney living (I mean, who wouldn't love \$600+ per week rent and a minimum of 2 hour commute to work over a distance of 25km!), we moved up with the bare minimum, a second-hand camper trailer and a block of land that had little to no space to set up comfortably. But we did it anyway. It was the only way we would ever be able to provide a stable, rent-free home for our children anywhere in the future.

We moved up during the rainy period.

Did you know that canvas tents need to be "seasoned" before their first use? It prevents the seams from leaking water. Seasoned campers like us knew this, but apparently the previous owner of our trailer did not.

Did you also know that soft-floor trailers have semi-permeable floor mats? We did not. Cue weeks worth of minor flooding, where the rain was experienced more *inside* our tent than outside and we often woke up to our mattresses in pools of water only to roll over saying "at least it's warm, I'll deal with it in the morning". The only good thing was our children stayed dry, up high on the mattress atop the trailer itself.



I say the only good thing, but without experiencing the rain, we would not have met our wonderful neighbours who continue, to this day to be possibly the most supportive and helpful people we have met. They have now become family, a big part of our lives here. They sold us a caravan and allowed us to pay it off. Something that, as city converts, we had never even thought of as an option.

This triggered the start of a wave of decisions and hard yakka to get to where we are today.

Room by room was built slowly and with a lot of arguments, blood, sweat and tears. What does it matter that the build was seemingly sponsored by Afterpay? We dealt with a scorching summer, freezing winter and a mouse plague to build what we have. Yes, it's not the Taj Mahal. But my family has worked hard and earned the right to call what we built our home.

But we are still "*blockies*" to some people. The belittling term used to describe the people who bought the "cheap blocks" outside of town. Regardless of whether or not your home is built from a plan, regardless of whether or not you've lived in Tara your whole life, regardless of whether or not you hold a full-time job within the same community that demotes to from "local" to "blockie" merely because you drive passed Sara or Smallacombe Street to head home.

For some of us it is a choice. Like us - it was a difficult choice to give up what we had not knowing how it would end. But for others, it is not a choice. For others, life gets in the way, as it always tends to do. We make the most of whatever situation gets thrown at us.

The resilience and the strengths, the creativity and the perseverance are shown in the end results and the smiles on our children's faces.

So I ask you, what's in a name?

Tara, itself, has pulled through the recent events. The two major police incidents, destructive and catastrophic bushfires have made many residents of Tara and surrounds rally around its citizens and begin to push a more positive image out into the world. It seems to have worked, with tourists coming in droves to our humble hometown despite all the negative attention the media has instilled upon it of late. It is no longer the place to avoid. Tara is back to being Tara.

If we, as a community, can do that for an entire town, surely we can begin to change how we see its residents. "Blockie" is just a name, after all. It holds no meaning or worth.

We are residents of Tara, and Tara is our home.

Origin Community Update

November



Operated by



Community sponsorship program funding benefits local groups and organisations

The latest round of Origin's Community Sponsorship Program, managed on behalf of Australia Pacific LNG, has benefited 19 organisations and groups located across the Maranoa, Western Downs and Banana Shire regions. The program offers organisations and groups the opportunity to access financial assistance and in-kind contributions to support events and programs which benefit the local community. Among the recipients of this latest round of funding are the Tara and District Family Support Committee, Murilla Kindergarten Association Inc (pictured), and the Rotary Club of Biloela. Closing dates for funding rounds are: 31 January, 30 April, 31 July and 31 October each year.



Funding benefits local groups and organisations

Long Lunch at Dulacca highlights importance of women in rural communities

We were once again proud to support to the annual Long Lunch at Dulacca event, commemorating International Day for Rural Women and highlighting the important role women play in small communities. The event, now in its third year, was held at the Dulacca Hotel and organised by the Queensland Rural, Regional and Remote Women's Network. More than 200 people attended the event and heard from guest speaker Sally Warriner, author of the book 'Not Just the Wife of the General Manager'. The event received funding through Australia Pacific LNG's Community Investment Program, which assists communities in addressing their needs by providing sponsorships and donations.



Continuing our support for the annual Long Lunch at Dulacca

Origin recruits new trainees through local Indigenous recruiter Mandana

Origin has teamed up with Chinchilla-based business Mandana to enhance opportunities for Indigenous engagement and employment within the region. Mandana offers a range of services, including workforce mentoring, recruitment, labour solutions, and targeted programs to support Indigenous talent. Through Mandana, Origin has funded two traineeships; one working for Origin in a Certificate III Business traineeship, and the other working in a Certificate III Civil Construction traineeship with Origin contractor, Western Downs Civil. Our collaboration with Mandana is part of our commitment to support skills training and job opportunities in the communities we operate in.



Improving opportunities for young people to learn and work

Educational event at Miles High School fuels STEM curiosity and innovation

For the second year in a row, Origin Energy partnered with the Queensland Minerals and Energy Academy (QMEA) - the education arm of the Queensland Resources Council (QRC) - to deliver an action-packed day of STEM fun at Miles High School. The students from Years 7 to 9 rotated through a series of hands-on activities that introduced them to the importance of pressure and physics in underground gas extraction, as well as how electricity and scientific monitoring equipment play a vital role in the gas and energy industry. Students also had the chance to speak to Origin employees directly about their roles and their study and career paths. A goal of the event is to foster students' interest in STEM (Science, Technology, Engineering, and Mathematics) and introduce them to diverse career options available in the gas and energy industry.



Upstream gas operations update; seismic program finished, new wells drilled

The Condabri and Dalwogan 2D seismic program was successfully completed with around 470km of lines covered. A number of new wells were recently drilled between Miles and Chinchilla. Our Condabri and Talinga operations teams continue with routine maintenance and supporting wellsite workovers.

As always, please contact our team if you have any questions...

Origin Miles Office
105 Murilla Street, Miles

Origin Chinchilla Office
5 Dwyer Court, Chinchilla

Origin Community Hotline 1800 526 369

Origin is the Upstream Operator of Australia Pacific LNG



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1300 082 662

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Visiting the Murilla Community Centre

**8th November
2023**

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Providing women living in regional, rural, and remote Darling Downs access to holistic preventative healthcare including:

Cervical screening, breast awareness, contraception and family planning, relationship concerns including domestic violence and sexual assault, menopause and hormone replacement and healthy lifestyles.

1 Nov - Wandoan Outpatients Clinic, phone 4627 4444
6 Nov - Chinchilla Hospital, phone 4662 888
8 Nov - Goondiwindi Hospital, phone 4578 2400
13 Nov - Dalby Hospital, phone 4669 0517
14 Nov - Millmerran Multipurpose, phone 4695 3111
15 Nov - Miles Hospital, phone 4628 5600
16 Nov - Jandowae Multipurpose, phone 4662 4555
20 Nov - Tara Hospital, phone 4678 7900
22 Nov - Taroom Hospital, phone 4628 9900
23 Nov - Chinchilla Hospital, phone 4662 888

For more information, visit
darlingdowns.health.qld.gov.au/services/womens-health-clinics

Miles Child Health

Miles Child Health nurse Helen Wylie is based at the Primary Health Care Unit at Miles Hospital. Helen is an experienced Midwife and Child Health nurse with over 20 years of experience working with families in our region. Our service offers parenting advice and support as your baby grows and develops from newborn and beyond. A Child health nurse can assist with regular health checks for infants and children, help manage behaviour issues and support your parenting needs of:

- Getting to know your baby
- Breastfeeding
- Growth and developmental milestones
- Healthy eating habits – introduction of solids
- Sleep patterns – settling techniques
- Immunisation
- Hearing assessments

Appointments are available on Monday, Tuesday and Wednesday for both Clinic scheduled appointments and Home visiting as required.

Contact Helen on 4628 5629 or the Miles Hospital on 4628 5600.



PINK IS THE COLOUR

Pink Up Your Town – Miles

McGrath
foundation

Information from <https://www.mcgrathfoundation.com.au/> and <https://www.aihw.gov.au/>

Miles rallied together once again during the Breast Cancer Awareness month of October. Numerous events were held and pink throughout the town made everyone aware of the second most common cancer in Australia, according to Australian Government - Australian Institute of Health and Welfare. So far 20,675 cases are recorded in this year.

Miles raised much needed funds towards the McGrath Foundation which support rural breast care nurses to assist rural people with breast cancer. Currently there are "204 McGrath Breast Care Nurses, who help individuals and their families experiencing breast cancer by providing physical, psychological and emotional support, for free."

"From the time of diagnosis and throughout treatment, the highly-qualified nurses are there to help. While over 127,000 families have been supported since 2005, more nurses are needed to meet the growing rate of breast cancer diagnosis in Australia."

PINK UP MILES EVENTS IN OCTOBER

OCT 7TH BRA HANGING
OCT 8TH PINK PARKRUN
OCT 22ND PINK BOWLS DAY
OCT 26TH PINK PAINT N SIP
OCT 30TH PINK WALK FOR
AWARENESS

KEEP YOUR EYE OUT FOR ADDITIONAL
EVENTS

ALL MONTH
DECORATE YOUR FENCE, BUSINESS,
OR FRONT GATE IN PINK

WEAR YOUR PINK ALL MONTH TO
SHOW YOUR SUPPORT

PINK UP
YOUR TOWN

McGrath
foundation





New Beginnings

Article and photos supplied by: Rick & Kim Palmer

We would like to advise all of our customers that we have sold Palmer's Coaches to Murrays as at 31st August 2023 and would like to take this opportunity to thank you for your support over the past 11 years.

We have thoroughly enjoyed our time commencing our business from humble beginnings back in 2012 and growing our business to what it is today. We have formed many wonderful relationships with so many people and our business could not have grown without our amazing staff and local community. We thank you all.

In this time we have supported a lot of our local businesses, community groups and customers who in turn have supported us and we have really enjoyed being your local go-to bus company.

We are now looking forward to having a well-earned break and spending quality time with our family and friends.

Thank you once again from Rick & Kim Palmer



Sale of Water Truck

We would like to advise our potable water customers that we have sold our water truck. Peter and Sophea Monaghan of ARRG Waste are very excited to be assisting current and new customers with their drinking water requirements for Miles and in the Western Downs area and beyond.

Rick & Kim Palmer



WATERBOY

IN TOWN

1300 277 492

DID SOMEONE SAY H2O?

Call ARRG Waste your local suppliers

Miles, Chinchilla, Tara, Drillham, Dulacca, Dalby

Women's Wellness Day 2023

Article and photos by: Eileen Parker

On Wednesday, the 18th October 2023 ladies from Miles and district came together for our annual Women's Wellness Day at the Leichhardt Hall in Miles. Murilla Community Centre team and volunteers welcomed around 200 guests to celebrate our regional women.



Guest speaker Julie Cross moved everyone from big laughter to tears. Julie, who recently was awarded "2023 Keynote Speaker of the Year" spread her message loud and clear "Give yourself a sparkle." "My sparkle is alive.. and the sparkle is what you leave behind." Her "Lucky Me" message - transform the negative in the positive - made everyone think.



The hall was buzzing with happy and engaging women. The chitter chatter filled the room. Thanks to our main sponsors Senex and Jemena, Murilla Community Centre was able to once again spoil every attendee with a fresh and nourishing free lunch and a \$40 voucher which can be used locally to treat yourself.



Lisa Kennedy with her models

The event continued with an upbeat fashion parade by Lisa Kennedy Collections. Lisa showcased the current summer trends with the help of her gorgeous models for the day.

It was followed by short presentations from Senex and Jemena representatives. Trevor and Amy informed the attendees about their current programs and gas development. Amy even provided the ladies with a brief yoga lesson.

Alicia Martin from "Find u r Wings" engaged guests into a laughter round and the event finished by drawing the lucky winners of the Multi Raffle Draw.



Trevor Robertson (Senex) with guest speaker Julie Cross, Amy Wells (Jemena) and Centre Manager Cecily Brockhurst



Women's Health Clinic Nurse Gemma Horsburgh with Murilla Respite coordinator Adrienne McDonald

Murilla Community Centre Inc. would like to thank all sponsors, stallholders and volunteers for your support. Thank you to all attendees who make this event such a success. We are hoping to welcome you again next year.

Find more photos of the day on our website: www.mccm.org.au



Rebecca Howell and Cowan Wards had a small wedding ceremony on Sunday the 1st of October 2023 held at Tim and Tammy Stiller's property at Gulugaba. The wedding was held on the top of the Great Dividing Range.



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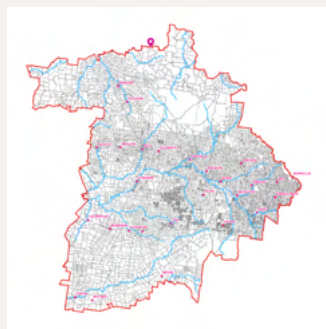
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Commercial * Domestic * Renovations

SURRENDER OF RESERVE - 1473 PONTY POOL ROAD, BUNGABAN



Western Downs Regional Council is considering the surrender of its trusteeship of the land described as Reserve for Sport and Recreation - Lot 6 on Crown Plan FT966, 1473 Ponty Pool Road Bungaban (previously known as Cockatoo State School), which comprises of 2.215 hectares (approximately).

Council intends to seek the approval of the Department of Resources for the surrender of the trusteeship of the land, as the land has been unused for some time and Council has no future plans for it.

Any person who may consider their interests may be affected by the surrender is required to submit his/her objections and/or enquiries in writing before 31 December 2023 to Council:

Postal Address:

WDRC
PO Box 551
Dalby Qld 4405

Telephone:

07 4679 4000

Email:

info@wdrc.qld.gov.au

WDRC Website:

wdrc.qld.gov.au/Surrender-of-Reserve-Bungaban

LATEST DAY FOR OBJECTIONS/ENQUIRIES - 31 December 2023





"Gotta go with what lives"

Thursday, 21st September 2023 saw the Murilla Garden Club visit the delightful garden of the Fitzpatrick family; made clear by the massive, railway sleeper arbour. Our first impression of what was to come! As we journeyed around the garden and listened to Callie speak it became very evident that this was, indeed, a family effort, a labour of love.



Callie is the guiding influence with her artistic flair, but it is Dan who brings home different stumps and logs from the paddocks saying, 'Where do you want to put this?' or constructs various sculptures out of whatever paraphernalia he has found. Cooper, Jada and Poppy also pitch in to help make the vision come alive; a true testament to what a family unit can achieve.



Prior to Callie's arrival, 'Alva Downs' was the 'Bachelor Pad'. The Belah trees, oleanders, murraya hedge and stunning fuchsia bougainvilleas are the survivors from this time. Despite first impressions, the remainder of the garden has only been in the making for 5 years.

Callie initially put the gardens in to help create a boundary for her children to play as the house is surrounded by crops. Practically, however, they are also located as far as the garden hoses reach. Tipuana,

Drunken Parrot - which provides beautiful shade - bottle, eucalypt and some palms have been added. Splashes of colour are found everywhere - peach geraniums, red hibiscus and purple status and salvias just to name a few. Jasmine unfurls along a gate and white gazanias form ground cover, while gorgeous hippeastrums and roses flourish. Callie has only ventured into roses in the last 2 years and claims her favourite rose is the beautiful Zara rose as it never stops flowering. A stunning, cream bottle brush is an oasis for bees, while butterflies enjoy the status. A quaint, cobbled pathway made by Callie and Cooper, bordered by thriving succulents, leads the way to a play area. Here, succulents dangle from an old monkey bar. Further succulents are found flourishing in a tyre rim sculpture inspired by the Bourne's own, an inclusion which speaks of the wonderful Murilla gardening community. Beautiful bromeliads echo the colours of the sunset, alongside agave, which add variety.



The Fitzpatrick's are masters at recycling. Callie's mum went through the floods at Balina and as a result lost many of her possessions. These however, live on in Callie's garden and have their own little story to tell. Leftovers from the restumping of the house, have provided for the construction of an ornamental fence. A silo has also been repurposed to become a relaxing bar area, while old property and shearing shed gates adorn the gardens. Artistic pieces from Fitzy's Farm Art feature prominently throughout the garden such as delightful metal birds adorning flowerpots.

Callie has created an Anzac garden - so called, "Because



it originated from a conversation reminiscing about Anzac and her family". It is in this garden that Callie has planted items for her 'Dulacca Foliage'. People who have seen Callie's foliage will be familiar with the Silver Dollar Eucalypt and the Bunny Tails.

The mottos of 'gotta go with what lives' and 'say goodbye to the dead – just pull it out, don't ponder', help Callie move on from plants that are not successful. Each afternoon Callie does a 'hot lap' around her garden; she finds this allows her to keep it in order while juggling her busy life as a working mum. Meanwhile, Dan keeps chugging away at the bigger things - as he says, "Happy wife, happy life!"

The Fitzpatrick's garden is truly special in so many ways. It doesn't matter where you look or how often, it seems that something new catches the eye each time. As with



so many of the gardens we visit, the plants have a story behind them and many have come from special people in their lives. Most importantly, this garden has been a true family labour of love.

Thank you for welcoming us into your beautiful haven, especially over the school holidays, allowing people who could not normally attend to be there. Finally Dan, one can only hope that you receive love notes like the one Callie has written for her garden!

UPCOMING GARDEN DAY – MARK IT ON YOUR CALENDAR!
THIS IS OUR LAST FOR THE YEAR!

Thursday 9 November – Please note change of venue!

Ros and Andrew Smith, "Bindibi", 329 Redmarley Rd, Condamine.

Until next time... Happy gardening



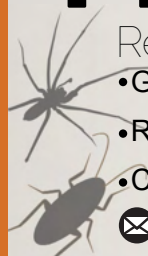
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'Ignite Your Future' tour kickstarts life after High School

Article & Photos supplied by Chinchilla Community Commerce & Industry Inc., Anouk van Doren

There was excitement in the air on Thursday, 12th October 2023, when over 150 students embarked on their 'Ignite Your Future' tour as part of their BEST program, organised by a dedicated committee and the CCCI. With an event in Tara earlier in September, it was now time for the Year 10 and 11 students from Chinchilla State High School, Chinchilla Christian College, and Jandowae State School to explore their opportunities for after high school.

The goal of the Bringing Employers & Students Together (BEST) program is to advise students on their career opportunities with employers from the region and help them discover their pathway after school. The program is incorporated in the school curriculum and taught throughout the year. Students practice their job interview skills and attend a career day with the 'Ignite Your Future' tour as the cherry on top.



With 6 different tours, each focused on different industries, the students had plenty of choice to find one that sparked their interest. During the tour they got a chance to connect with business out of the agriculture, heavy industries, hospitality, health, services, and emerging sectors.



Not only did the students get a unique insight into what happens behind the scenes, they could ask firsthand what steps they need to take to get a career in those industries. Students visited the sites of Cameby Downs Mine, CS Energy and Stanbroke, places that are usually closed to the public. Presentations from Boeing about their new Ghost Bat, an unmanned aircraft for combat operations, and Uprify about their drones showed a growing demand for careers in emerging technologies and AI. For those more interested in health and hospitality, there were workshops run by Illoura, Acton Pharmacy and the Chinchilla RSL.

Initiator and BEST member from day one Louise McMahon knows the tour makes a difference. "The tour has grown year on year and the reason we keep coming back is because of the results we see. We hear good news stories. Students taking up a career in early learning or get an apprenticeship as a mechanic, because this day showed them what they can do. Thanks to our local businesses and major sponsor Yancoal Cameby Downs Mines we can bring this to our youth."





Construction begins at Illoura Village

Text & Photos supplied by Southern Cross Care QLD

There is a hive of activity at Chinchilla as building of our new aged care home is underway and the new education and training hub to be operated by Southern Queensland Rural Health (SQRH) is nearing completion.

The aged care home is planned for completion in late 2024 and will offer a contemporary aged care service with modern facilities in a homelike environment. It will support those who entrust us with their care and enable us to support more people in the region as they grow older to age in a place where they have established connections and belonging.

Our CEO, Jason Eldering said, "It's incredibly exciting to see this after all of our planning and hard work, including navigating the COVID-19 pandemic. Thank you to all our residents, families, staff and partners who have worked with us and supported us through this journey. We now start to see our plans take physical shape."

"We're grateful for the partnership and collaboration we have with Associate Professor Geoff Argus and his team at SQRH who will expand their work at Chinchilla through the new education and training hub. They share our commitment and heart for serving and supporting rural and remote communities and together we're doing vital work to help ensure the sustainability of aged care services in the community and the surrounding region."

"Our vision and master plan for Illoura Village is to build aged care communities that offer an integrated mix of housing co-located with aged care, community services and education and training opportunities to best meet the needs of Chinchilla and the surrounding region."

We continue planning for Stage 2 of our Master Plan which includes community services and an Age Well Community Centre. This includes seeking funding from the Australian Government for the centre which would offer a range of services the wider community can access.



YOU ARE INVITED!

COMMUNITY CHRISTMAS CELEBRATION

9 DECEMBER 2023

CHINCHILLA BOTANIC PARKLAND

4 PM - 9 PM

- MAYORAL CHRISTMAS CAROLS
- FREE KIDS' RIDES AND ACTIVITIES
- MARKET AND FOOD STALLS

- FINAL DRAW 'BUY LOCAL' CAMPAIGN
- GRAND OPENING LIONS LIGHT SHOW
- SANTA & MRS. CLAUS



Chinchilla Community
FOUNDED 1988 & INCORPORATED 2018



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energy



Cameby Downs Mine



AUSTRALIA
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Operated by



origin



intura



LIONS CLUB



WESTERN
DOWNS
REGIONAL COUNCIL



COMMUNITY UPDATE

APPLICATIONS NOW OPEN

SHELL QGC'S COMMUNITY EVENT SUPPORT PROGRAM FOR 2024

APPLICATIONS OPEN:
23RD OCTOBER 2023

APPLICATIONS CLOSE:
31ST DECEMBER 2023



Don't miss the opportunity to get your application in for Shell's QGC Community Event Support Program. Community groups from the Western Downs and the township of Taroom can apply for funding to support the running of community events to be held in 2024.

The funding focuses on events that contribute to community vibrancy and social cohesion and benefit Western Downs communities. Applications can be made for funding of \$1,000 and above.

Examples of how these funds may be utilised include:

- Event materials
- Logistics management
- Advertising costs
- Promotion costs
- Hosting event workshops
- Achieving brand awareness
- Complementary in-school programs

CONTACT DETAILS

qgcommunity@shell.com

1800 030 443

Download the guidelines and link to the SmartyGrants application at:

[Shell's QGC Community Contributions | Shell Australia](#)



QGC

QGC OPERATIONS UPDATE OPEN HOUSE



**Shell QGC invites you to
attend a drop-in session about
our current activities.**

Shell QGC's program of work includes the drilling of gas wells and the connection of wells to existing gas processing plants.

These activities occur in our natural gas development areas in the Western Downs Region.

We would like to keep you up to date on our activities in your area and seek your feedback on recent and future construction works.

Shell QGC is committed to ensuring the communities where we operate benefit from our presence. We hope you can drop in to learn more about our business.

WEDNESDAY 8 NOVEMBER 2023

Open House, 3.30PM-5.30PM

Shell QGC Chinchilla Office
18-20 Bell Street, Chinchilla
(next to Woolworths)

CONTACT

For further information please
email qgccommunity@shell.com
or call: 1800 030 443 (free call)

FIND OUT HOW YOU CAN BE A WESTERN DOWNS WASTE WARRIOR



Scan QR code to check out our helpful guides and be the best Western Downs Waste Warrior you can be!



Event Funding for 2024

Shell QGC's Community Event Program is now accepting submissions. This is the only opportunity to secure funding from QGC for an event being held during 2024.

Not-for-profit groups planning an event that will promote community vibrancy or social cohesion are eligible to apply, even when the event details are not yet finalised. Applicants must indicate where the funding will be used (equipment hire, catering, entertainment, etc) but are not required to attach quotes to the funding submission.

Applications must be submitted by Sunday 31 December 2023.

For more information about this opportunity, please contact the Community Grants Writer using the details below.

The Community Grants Writer is a free service offered to not-for-profit and Traditional Owner groups in the Western Downs and township of Taroom. The service has helped over 200 local organisations secure more than \$7.5 million in funding.

The service is funded by Shell QGC and delivered through the Murilla Community Centre. Appointments are available in Miles, Wandoan, Chinchilla, Tara, Dalby, or via phone and email.

**For more information,
contact Kate per
E:mccmgrants@bigpond.com or
call her M:0499 805 858 to book
an appointment to meet during an
upcoming Community Day.**

Sponsoring Body



**Murilla Community
Centre Inc.**

73a Murilla St, Miles,
4415
Ph: 07 4627 2027

Funded by



November 2023 Dates:

**Chinchilla (Chinchilla Community Centre) –
24th November**

**Miles (Murilla Community Centre)– 16th
November**

**Tara (Tara Neighbourhood Centre)–15th
November**

KEATINGS FUNERALS

"Generations of Caring"

FOUR GENERATIONS OF OUR
FAMILY CARING FOR YOURS

ANTHONY AND MARIA KEATING
163 OAK STREET, CHINCHILLA

WE ARE JUST A PHONE CALL AWAY
07 4662 7608

PROUD OWNERS OF MURILLA FUNERALS



Celebrate with Chinchilla Community Centre's Party Kits

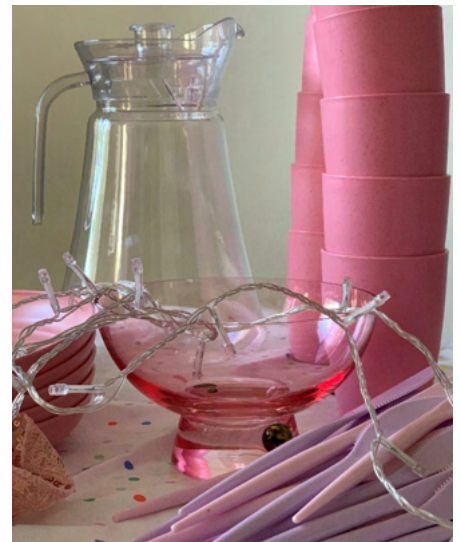
In a world where sustainability is increasingly important, Chinchilla Community Centre has introduced party kits, offering a convenient, cost effective and eco-friendly solution to traditional disposable partyware.

What is a partykit? It is a collection of reusable tableware and decorations, and typically includes such items as plates, cups, platters, linen and decorations. A partykit provides the essentials for a celebration without the waste of disposable items. A partykit is convenient, with everything ready to be borrowed, and cost effective (free to borrow).

By choosing recyclable items instead of single use partyware, less plastics and paper products end up in landfill, and this contributes to a more sustainable and eco-friendly community.

Thanks to funding from Iolar Operational Services and Western Downs Regional Council, Chinchilla Community Centre has the first party kits available to borrow, and more will be added!

If you would like to borrow a partykit or would like to know more, contact Chinchilla Community Centre by email info@cfsc.org.au, on Facebook, or give us a call 07 4662 8528.



Advertise here

If you have something to say or advertise, please contact us on 07 4627 2027 or email mccmcd@bigpond.com

Alpha Vitality

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- *Reflexology Lymph Drainage Specialist
- *Stress Management & Support
- *Treatments
- *Classes

Contact Amanda 0447 126 666



'Better Conversations' research set to help people communicate their needs

Text & Photos supplied by Southern Cross Care QLD

Southern Cross Care Queensland is proud to partner with a range of industry experts on an exciting research project towards ensuring aged care residents can access their basic right to be heard and understood.

With older people experiencing complex sensory, speech, language, and cognitive changes that impact their ability to communicate and participate in conversations about their care, there's a need to better support effective conversations within aged care.

There is also an opportunity to improve aged care workers' skills and resources to provide support to older people. This research project led by the University of Queensland and Dr Sarah Wallace from the National Health & Medical Research Council, aims to consistently ensure that the older person's voice is heard through a number of ways. These may include a tool for profiling the older person's communication needs, guidelines to support 'communication -friendly' care planning, feedback and complaints resolution, and resources to upskill all of us.

SCCQ's Chief of Governance, Risk and Research, Sandra Glaister, is one of the Research Steering Committee members for the project, joined by SCCQ's Jasmine Siggs based in the Western Downs region who will be participating in the Lived Experience Advisory Group.

Our collaboration with UQ and other industry partners on this important project will span over the next five years, focusing on supporting conversations about care in community and residential aged care settings.

Across three stages of research, the research team will co-design, implement, and evaluate Better Conversations, an interdisciplinary, multi-component intervention for nurses and personal care workers in home and residential care across both metropolitan and rural areas.

Other project partners include the Australian Government Aged Care Quality and Safety Commission, Wesley Mission Queensland, the Older Person's Advocacy Network, Dementia Australia, the Ethnic Communities Council of Queensland, Speech Pathology Australia, Audiology Australia, and Southern Queensland Rural Health.





New Recycling Opportunities for Chinchilla

Residents of Chinchilla now have a chance to contribute to a greener future as Chinchilla Community Centre introduces recycling opportunities for plastic lids and medication blister packs. Thanks to a recent grant from Iolar Operational Services and Western Downs Regional Council, these



bins are conveniently located near the front entrance in the car park, and the Centre is inviting everyone to get involved. This initiative aims to divert common household waste from landfill, offering the community an environmentally responsible alternative for the disposal of their plastic lids and blister packs. This move not only supports sustainable practices but also reflects Chinchilla's commitment to fostering a more eco-conscious community.



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MOBILE SANDBLASTING



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Welcome Rosanne to the Western Downs

Text & Photos supplied by Southern Cross Care QLD

We have welcomed Rosanne Fleming, Nurse Practitioner, to our Southern Cross Care QLD team. Rosanne is available two days per week via telehealth to support residents and the team at our aged care homes at Chinchilla and across the Western Downs.

The role of the Nurse Practitioner in aged care has been researched with Kaye Coates, Head of Rural and Remote Communities at SCCQ and Dr Alison Craswell from the University Sunshine Coast.

The aim of the role is to improve care for older adults in Emergency Departments by improving the interaction between aged care homes and primary and secondary healthcare sectors. It has been developed through the Care Coordination through Emergency Department, Residential Aged Care and Primary Health Collaboration which has been funded by the Australian Department of Health and Aged Care.



Advertise here

If you have something to say or advertise, please contact us on 07 4627 2027 or email mccmcd@bigpond.com

Community Information Session

Origin Energy and Tara Futures Group invite you to an information session to meet the teams and learn about activities planned in the area.

When: Monday 13 November
Drop in anytime between 2pm-5pm for the session with Origin.
Snacks and refreshments provided.
Session followed by light dinner and Tara Futures Group's bimonthly meeting from 5pm. Public invited to attend.

Where: Tara Soldiers Memorial Hall,
Fry St, Tara.

For more info contact Origin's community info line on 1800 526 369 or email community.feedback@origin.com.au





Community News

If you have something to say or advertise in the Newsletter, please contact us on 07 4627 2027 or email mccmcd@bigpond.com

MURILLA Community

Centre INC.

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We can help with:

Rural Family Support	Community Development	Agent For Services Australia Centerlink/Medicare
Childcare Centre & Kindergarten	Respite - Care for Elderly (Centre based & In home care)	NDIS
Housing Support	Justice Of Peace	Afterschool & Vacation Care
	NILS No Interest Loans	Family Day Care
Community Bus	Emergency Relief	Murilla Community Newsletter

www.mccm.org.au

Visit us or our website or give us a call. We are looking forward to hearing from you.



Address: 73a Murilla St, Miles 4415, QLD
Phone: 07 4627 2027
Email: mccm@bigpond.com

Crafts by Sharon

Handmade gifts knitted & crochet.

Contact Sharon 0473 249 323

Business Computer Systems

IT support, design & consulting for SMBs 0457 317 942

Murilla Community News 2023 Advertising Rates

	Dimensions	Cost	Inc. GST
Full Page	24.5cm High x 17.5cm Wide	\$254.55	\$280
1/2 Page	12cm High x 17.5cm Wide	\$177.27	\$195
1/3 Page	8cm High x 17.5cm Wide	\$81.82	\$90
1/4 Page	12cm High x 8.5cm Wide	\$63.64	\$70
1/8 Page	6cm High x 8cm Wide	\$31.82	\$35
Trade Directory	3.5cm High x 5.5cm Wide	\$22.73	\$25
Classified	Words Only - Limited Space Allocated	FREE	FREE



A digital copy of the Community Newsletter is available on our website: <https://mccm.org.au/murilla-community-news/past-newsletters/>

To find out more, please contact us:

Miles Community Centre Inc.

Email: mccmcd@bigpond.com

73a Murilla St, Miles, QLD, 4415

Phone: (07) 46 27 20 27

Advertising in the
Community Newsletter

Guitar Repairs & Setups

located in Miles
electric & acoustic guitars
Fender certified technician

Contact 0429 641 030

Katelann Maree Health & Fitness

Personal Training, Group Fitness,
Health & Wellbeing Services
For a full list of services contact

Contact 0431 334 029

SURAT MUSIC MORNINGS

Every 3rd Tuesday of the month.
9:30am-12pm Everyone is welcome.

Contact Wendy for more info

0418 205 810

Social Tennis

All welcome each Wednesday
7-8AM at Miles Courts

Contact Janene

0458 490 466

FOR SALE

2014 Holden IS Colorado drop sides
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Ladder racks

Contact Ralph 0427922573



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Heifers and bulls available.
0458 000 951

FOR SALE

Ragdoll Kittens
0409 246 329

FOR SALE

3.6Mtr Clark Tinny, 20HP Mercury, more extras, both reg., good condition, located in Miles
0486 048 983

FOR SALE

CMS Heavy Duty Alu Canopy, good condition, located in Miles
0486 048 983

FOR SALE

Diamond Art Pictures. Ready to hang. Arrange appointment to view
Contact 0402 691 178

Appointments every second Tuesday - To book, please contact

Murilla Community Centre

07 4627 2027



MILES COUNTRY MUSIC

The second Sunday of each month at the Catholic Church Hall.
Contact Maree 07 4627 1494

Intuitive Engery Therapy

Energy healing therapy, card reading and spiritual art messages.
Contact Leanne 0458 928 510

Jumping Castle Hire

from the Meandarra Anzac Memorial Museum
0429 332 119

Missy's Healing Room

Angel reading, Energy clearing
Home cleansing, Massage therapy
Distance sessions
0459483972

Mentoring

Positive goal setting taking baby steps to change areas of your life.

Contact Alicia 0402 691 178

Wings

Laughter and Healthy Lifestyle
Keeping our curves workshops.
Contact Alicia 0402 691 178

FOR SALE Fingerlings

Silver Perch \$85 per 100
Yellow Belly \$85 per 100
Cod. \$85 per 50
Contact Ann 0427276243

FOR SALE

Four two month old Maremma pups
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www.workingdogtraining.online

FOR SALE

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59 Edith Street, Miles

FOR SALE

Commercial Angus Bulls
Contact 0409 246 329

FOR SALE

JEEP 1999 6cyl 4x4 & Ford 1999 6cyl
Contact 0429 0377 68

FOR SALE

Old engine Leyland P76 and Fossilize wood
Contact 0448 066 016

7	9	1	6	4	3	8	5	2
2	5	4	1	8	9	7	6	3
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1	6	3	9	2	7	4	8	5
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Solutions

4	9	5	1	7	8	2	3	6
3	2	7	4	6	9	5	1	8
1	8	6	3	5	2	4	9	7
6	7	2	5	1	4	3	8	9
8	4	1	6	9	3	7	5	2
9	5	3	8	2	7	1	6	4
5	1	9	2	4	6	8	7	3
2	6	8	7	3	1	9	4	5
7	3	4	9	8	5	6	2	1



Church Services

<p>Catholic Church - Dulacca</p> <ul style="list-style-type: none"> 2nd Sunday 9:00am <p>Ph: 4627 1139</p>	<p>Catholic Church - Miles</p> <p>Cnr Dawson & Edith Streets</p> <ul style="list-style-type: none"> 1st Sunday 9:00am Mass 2nd Sunday (Sat. vigil) 6:00pm Mass 3rd Sunday 9:00am 	<p>Catholic Church - Miles</p> <p>Liturgy with Communion</p> <ul style="list-style-type: none"> 4th Sunday 9:00am Mass 5th Sunday 9:00am Ecumenical Service Ph: 0427 339 426
<p>Crossroads Christian Outreach</p> <p>64 Murilla Street, Miles</p> <ul style="list-style-type: none"> Sunday Service every 2nd Sunday 3pm <p>Ph: 0412 731970 or 0427 628469</p>	<p>Holy Trinity Anglican Church Taroom</p> <p>21 Miles St, Taroom</p> <ul style="list-style-type: none"> Every Sunday 8:00am <p>Ph: 0447 082 897</p>	<p>Lutheran Church - Miles</p> <p>Murilla Street</p> <ul style="list-style-type: none"> 1st and 3rd Sunday 11am (HC) <p>Ecumenical Service</p> <p>Contact Jean Austin or Pastor Stuart</p> <p>Ph: 0437 195 795</p>
<p>Presbyterian Church - Miles</p> <p>Cnr Murilla & Dawson Streets</p> <ul style="list-style-type: none"> Sundays 9:00am <p>Ph: 0427 163 050</p>	<p>Presbyterian Church - Wandoan</p> <p>Moore Street</p> <ul style="list-style-type: none"> Sundays 9:30am <p>Contact Rev Laurie Peake</p> <p>Ph: 0438 274 157</p>	<p>St Luke's Anglican Church</p> <p>Cnr Dawson & Constance Sts, Miles</p> <ul style="list-style-type: none"> Every Sunday 8:00am 1st Sunday we join Cath. congregation at Holy Cross 5th Sunday 8:00am Ecum.Serv <p>Ph: 0419 779 686</p>
<p>The Gums Church</p> <p>Surat Developm.Road, The Gums</p> <ul style="list-style-type: none"> 2nd Sunday 3pm <p>Ph: 4669 4336</p>	<p>Wandoan AOG</p> <p>23 Royd Street</p> <ul style="list-style-type: none"> 10:00am Every Sunday 5th Sunday 10:30am <p>Wandoan Churches together</p> <p>Ph 0429 200 589</p>	<p>Church of United Spiritualism Australia-Miles</p> <p>Services will be held on the 4th Tuesday of every month 1:30pm at Senior Citizen Building. Join via Zoom Meeting possible. For further information ring</p> <p>Reverend Leanne 0458928510 email larchinal@gmail.com</p>

Changes in church services?

You can easily update the church services information by contacting the Newsletter team. Thank you.

Simply email: mccmcd@bigpond.com or call 0746272027



Church Services

<p>Chinchilla Baptist Church</p> <p>27 Heeney St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4669 1124</p>	<p>Chinchilla Church of Christ</p> <p>16 Villiers St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4668 9522</p>	<p>Country Hope Church</p> <p>3 Burbank St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4668 9471</p>
<p>Chinchilla SDA Church</p> <p>102-104 Glasson Street</p> <ul style="list-style-type: none"> Sabbath School 9:30-10:30am Church Service 11am-12pm <p>Ph: 0415 202 946</p>	<p>Chinchilla Uniting Church</p> <p>31 Middle St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 9.30am <p>Ph: 4662 7318</p>	<p>Life Church Chinchilla</p> <p>117 Cemetery Rd, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4669 1083</p>
	<p>Our Lady Help of Christians - Chinchilla Catholic Church</p> <p>8 Villiers St, Chinchilla</p> <ul style="list-style-type: none"> 1st, 2nd & 4th Sunday 9am and 	<p>Our Lady Help of Christians</p> <ul style="list-style-type: none"> 3rd Saturday 6:00pm Vigil Mass 5th Sunday 9:00am, Liturgy of the Word <p>Ph: 4662 7031</p>
<p>Presbyterian Church of Queensland- Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am & 6.30pm <p>Ph: 4668 9721</p>	<p>St. Cecilia's Anglican Church</p> <p>Middle Street, Chinchilla</p> <ul style="list-style-type: none"> 1st & 3rd Wednesday 9.30am 1st & 3rd Saturday 6.30pm Every Sunday 9.30am <p>Ph 0438 689 662</p>	<p>Trinity Lutheran Church</p> <p>25 Sheriff St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 8.30am <p>Ph: 0413 960 056</p>
		<p>Tara Community Church</p> <ul style="list-style-type: none"> Sunday Service 9:00am <p>Ph: 4669 4336</p>



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*Everything you buy or donate inspires change in
your local community.*

OPENING HOURS

Monday 2:00pm - 4:00pm

Wednesday 9:00am - 12:00noon

Friday 2:00pm - 5:00pm

*Volunteer operated so opening hours are subject
to change.*

*Profits fund St Vincent de Paul Society services and
programs.*



Miles Community Bus

The Murilla Community Bus is transport facilitated by the Murilla Community Centre. Transport is available from Miles to Dalby or Toowoomba including stops, when requested, in Dalby.

This bus assists members of the community who are unable to drive, do not have a vehicle, or do not have family or friends to assist with transport to non urgent medical appointments in Dalby or Toowoomba.

These appointments can include X-rays or other tests, specialists appointments and/or hospital appointments. One bus is equipped with a wheelchair lifter.

Transport is available the 2nd Tuesday and 4th Thursday of each month (departure times will depend on the time of the first appointment). See bus timetable below for an outline of all dates for 2022.

Ask your referring doctor for a Patient Travel Subsidy form (PTS) to receive a rebate on the cost of travel. Please visit or contact the Murilla Community Centre on 07 4627 2027 for bookings or information.

Community Centre Toowoomba Bus Timetable 2023

November		December	
Tuesday	14	Tuesday	12
Thursday	23		

Community Markets

St Luke's Markets

St Luke's Church
Dawson Street, Miles
Second Saturday of the month
8:30am - 12 noon
Contact 0419 779 686

Markets at the Museum Tara

3 Milne Street, Tara
First Sunday of the month
9am - 2pm
Contact 0406 471 724

Chinchilla Markets

Chinchilla Showgrounds
Gaske Lane
Third Sunday of the month
Starts 7am
Contact 0439 074 088



Curtis Stone's crispy pork stir-fry with baby broccoli



Makes 4 servings | 10min prep | 10min cook

Ingredients

- 2 tbsp vegetable oil, divided
- 1 bunch baby broccoli, florets separated, stems thinly sliced
- 1 garlic clove, finely chopped
- 3 tsp finely chopped peeled ginger
- 2 spring onions, white and green parts separated and thinly sliced
- 500g Pork Mince
- 1/4 cup (60ml) Soy Sauce
- 1 tsp Cornflour
- 1 tsp White Sugar
- 2 cups (400g) Long Grain White Rice, steamed

Method

1. Heat a large heavy frying pan over high heat. Add 1 tablespoon oil. When oil is smoking, cook baby broccoli, tossing, for 2 mins or until brown in spots and crisp-tender. Transfer to a plate.
2. Return pan to high heat and add remaining 1 tbs oil. When oil is smoking, add garlic, ginger and white parts of spring onions. Stir for 30 secs or until fragrant. Add pork and cook, breaking up with a spoon, for 3 mins or until pork is cooked through. Spread pork in an even layer and cook, without moving, for 3 mins or until crisp underneath.
3. In a small bowl, whisk soy sauce, cornflour, white sugar and 1/3 cup (80ml) water. Add to pork mixture with baby broccoli. Cook, tossing, for 30 secs. Divide rice among serving plates and spoon stir-fry over. Top with remaining spring onions.



Gluten-free choc- mint cookies ripple cake

Makes 6 servings | 20min prep | 0m cook

Ingredients

- 500ml (2 cups) Thickened Cream
- 3 tbsp icing sugar mixture
- 3 tsp peppermint essence
- Green liquid food colouring, to tint
- 1 pkt Gluten Free Cookies 40% Chocolate Chips
- Aero Mint chocolate block, chopped, to decorate

Method

1. Use an electric mixer to beat cream and icing sugar together in a bowl until soft peaks form. Add the peppermint essence and beat to combine. Tint with green colouring and beat until just-firm peaks form.
2. Spread a little cream mixture in a strip down the centre of a serving plate. Spread 1 heaped tablespoon of cream mixture over a cookie. Sandwich with another cookie. Continue layering with 2 more cookies and more cream mixture to create a stack of 4 cookies. Place the stack, on its side, crossways at the start of the strip on the plate. Repeat layering with remaining cookies and more cream mixture to create 2 more stacks, placing each stack behind last to form a log (you will have two biscuits leftover).
3. Spread the remaining cream mixture over the top and sides of the log to cover. Cover loosely with foil. Place in the fridge overnight or until set.
4. Remove the cake from the fridge and discard foil. Decorate with chopped Aero mint chocolate. Serve immediately.
- 5.

Find both recipes and others on their website:
www.taste.com.au



Sudoku

solutions on page 49

7		1			3	8	5
2	5			8		7	
		6					
			2		4		
8				6		5	
				7	5	3	
						4	
			4	1	6		3
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	5					1	6
5			2				7 3
2	6				1	9	
			9				

Source: www.puzzles.ca

Ice Cream Flavors

C	A	S	A	H	O	K	E	Y	P	O	K	E	Y
O	T	E	T	N	U	T	A	E	E	I	C	S	T
T	B	C	C	R	T	C	O	O	C	A	N	K	A
T	U	O	H	A	A	U	E	T	A	R	S	C	Y
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C	O	I	O	N	E	O	T	E	A	T	L	T	A
A	P	E	L	E	A	R	O	T	R	Y	R	E	N
N	O	D	A	E	C	E	R	A	C	R	O	S	I
D	L	O	T	R	E	E	S	E	S	T	Y	O	L
Y	I	U	E	G	G	F	U	D	G	E	W	O	L
U	T	G	S	I	A	N	A	N	A	B	E	M	A
E	A	H	T	U	N	O	C	O	C	I	A	O	N
L	N	N	N	T	D	A	O	R	Y	K	C	O	R

Word Search

COCONUT
STRAWBERRY
VANILLA
FUDGE
ROCKY ROAD
COOKIE DOUGH
NEOPOLITAN
COTTON CANDY
HOKEY POKEY
CHOCOLATE
MOOSE TRACKS
GREEN TEA
TIGER TAIL
PECAN
REESES
BANANA

Source: <https://thewordsearch.com>



November 2023

1st	CWA Miles Branch Meeting, Miles RSL contact: 0438 690 359 Social Bowls at Miles Bowls Club, 5:30pm weekly event
2nd	Miles Chamber of Commerce, MCC Meeting Room 5:30pm
5th	Dulacca Country Markets 8am - 1pm at Dulacca Hall/ Roy Henderson Memorial Park Miles Show Meeting, Walsh Pavilion 12pm. All welcome.
7th	MELBOURNE CUP Gala Melbourne Cup Lunch and 100years Condamine-Arubial QCWA from 10am, Condamine Sports Club, more info on Facebook QCWA Condamine-Arubial Branch
8th	Murilla Community Centre Inc. AGM, 5:30pm Leichhardt Hall, Miles. Everyone welcome! Shell QGC Open House Chinchilla Office 3:30pm - 5:30pm, more info on page 49
9th	Murilla Garden Club Day - Ros & Andrew Smith, Condamine
11th	St. Lukes Markets - Miles, Phone 0419 779 686 Miles Super Bull, Pro Bull Riding & Freestyle Motocross at Miles Racecourse, Gates open 5pm, Action from 6:30pm, Tickets at trybooking.com
13th	Community Information Session with Origin Energy & Tara Futures Group 2pm-5pm at Tara Soldiers Memorial Hall
14th	Miles District Hospital Aux. Inc. Bingo, 9:15am Senior Citizens Rooms. All welcome. Storytime for Toddlers at Dogwood Crossing, Library - Shapes of Australia, Start 10:30am Miles State Primary School P & C Meeting 5:30pm School Admin Building, Update on Facebook page Connect with Council - Tara Lagoon from 5:30pm Miles Golf Club Monthly Meeting 7pm at the Golf Club
17th	Exhibition Opening at Dogwood Crossing, Miles 6:30pm "Algalrhythms" by Svenja and Curved Wall: A. Matures by Murilla Respite Group
19th	Miles & District Race Club AGM 5:30pm BBQ to follow
21st	Storytime for Toddlers at Library, Dogwood Crossing, Miles - at Gallery 30 x30, Start 10:30am
21st -22nd	Miles District Fishing & Recreation Club, Chinchilla Weir, Round 1, Western Downs Carp Busters Series
22th	Senior Citizen Meeting 9:30am at Senior's Room, opposite Foodworks
23th	Low Impact Exercise 10-11am at Mary MacKillop Hall, Miles \$5/pp
24th	Miles District Hospital Aux. Inc. Bingo, 9:15am Senior Citizens Rooms. All welcome. Miles District Hospital Aux. Inc. Meeting 2pm, Hospital Conference Room. All welcome.
25th	Murilla C&K Kindergarten Seafood Night, 6pm. Follow Murilla Kindy Facebook page for more details.
30th	RSL Meeting 11am, 26 Marian St, Miles

