

Community NEWS

Developing and Supporting the Community

Free newsletter



July 2023



Miles

Miles Show

Police Report

**Picture Western
Downs**

and much more...



Chinchilla



Tara

Miles ~ Chinchilla ~ Tara ~ Wandoan ~ Taroom ~ Meandarra ~ Drillham ~ Dulacca
~ Jackson ~ Condamine ~ Guluguba ~ The Gums ~ Glenmorgan ~ Brigalow

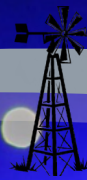


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Front cover - Photo credit: Miles: Eileen Parker Chinchilla: Bree Pettiona, Tara: Belinda Walker

Community NEWS





Miles

In May 2023 a male person attended the Miles Police Station and expressed his displeasure concerning the Department of Transport and Main Roads by pouring a mix of excrement and water from a 25 litre bucket over the counter and foyer area. The filthy concoction nearly splashed a 3 year old girl and her mother who happened to be at the counter for TMR related business. Whilst the male person showed significant resolve by carrying the sewerage slurry in his car that he drove from his dwelling to the police station, I cannot fathom why he would think that this action could result in anything positive. The male person was dealt with under the auspices of the Criminal Code after he was arrested and later conveyed to the Toowoomba Watchhouse for this and other matters. He spent the night at His Majesty's leisure, faced court and was issued a penalty that the presiding magistrate considered suitable for the misdeed. In my 20 years of policing I have never seen something quite like this event.

Operation Cold Snap is well and truly underway. It is the winter traffic operation undertaken annually by the QPS, so expect to see a lot more police on our highways and byways. Officers from the State Traffic Task Force will be in our neck of the woods, as they have already been. They are conducting their business in high visibility cars, unmarked cars, and on motorcycles. They will have a strong focus on drug driving and the roadworthiness of vehicles. So, now is the time to get that cracked windscreen replaced, or get a new set of tyres for the family car. Expect to see an increase in drug testing as conducted by the local Miles Police, as Miles Station officers have been trained in drug testing of drivers. Expect to see the mobile speed camera being deployed more frequently. These cameras are operated by local police who perform these deployments as separate to their normal functions. Business as usual (BAU) is thus not impacted upon by the deployments of the TruCam speed camera.

The last month saw a number of Domestic Violence offenders arrested and conveyed to Toowoomba Watchhouse as result of their continued and repeated committing of domestic violence offences. One of the offenders was imprisoned for a period of time a result of good police work. I am very happy to report that an increasing number of people have come forward with information about domestic violence that is perpetrated in our town. It shows that good people have had enough of other people being controlled by abusive partners. And this is a good thing, as we are all striving for a future free from violence in the household, so that our children's children can be free to develop to their full potential.

Please call 000 in an emergency. Last month saw a number of events where members of the public have attended a police officer's residence, or have called police officers on their personal mobiles to report matters that should have been reported by calling 000. In all of these instances the police who were directly contacted had to make other calls themselves to the police officers who were actually on shift that day. This delay could have resulted in a more serious outcome. Please call 000 in an emergency. Please call 000 if something is happening and you don't know if it qualifies as an emergency, but urgent police attendance is required. In short; if you'd like police to come as quickly as they can, call 000. That is three zeros. If the matter is not urgent and/or police attendance is not urgently required, call PoliceLink on 131 444. Things that qualify for PoliceLink to be called are things like break and enter offences where the offenders have long gone. However, if there is somebody breaking into a house or business and you want police to get there in a hurry, call 000. If you would like to report non-urgent matters at the Miles Police Station, please do so. You are welcome to come to the front counter. You are welcome to call us on 4622 9797. If the station is unattended it does not mean that police are unavailable; it just means that, if the matter is urgent, police will be called out. Again: if the matter is urgent, call 000.

MILES BACK TO THE BUSH

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Join the Parade

CALLING ALL Community Groups, Schools, Businesses, Everyone!

Join us in putting on a great show for festival visitors in our street parade.
11am Saturday 9 September
Parade theme: 'Transport Through the Ages'
Let us know you're keen ph: 0427 271 854 or info@backtothebushfestival.com.au

VIEW FULL PROGRAM

backtothebushfestival.com.au

 Comeby Downs Mine

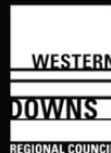
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REGIONAL COUNCIL



Under 8's Day at Drillham State School

Text & Photos by Callie Fitzpatrick, Drillham State School

Drillham State school hosted the '2023 Under 8's Day' on Wednesday 17th May 2023.

Under 8's Day at Drillham is a fantastic opportunity for children under 8 years of age to celebrate a range of fun and engaging activities designed to encourage learning through play.

There was a wide range of activities for children to experience this year including painting, musical tins, SES Boat, giro carts, dinosaur masks, froot loop threading, pink goo table, obstacle course, paper craft and a nerf gun shooting gallery.

There was music going all day, which created a wonderful vibe to sing and dance along to throughout the day.



It was a wonderful sight to see so many community members and their children enjoying the relaxing atmosphere. Miles State School, Condamine State School + Kindy pod, Dulacca State School + Kindy & Daycare, Murilla Long Day Care Kindy and many local parents and carers from around the district and surrounds joined Drillham State School for a great day



Thank you to the P&C volunteers who assisted with catering for Under 8's on the day and with baking and a sausage sizzle. It was delicious. The community were very impressed and grateful.

Wow! What an exciting addition the SES crew and boat were this year. The kids were able to climb into the boat and pretend they were saving people in the district – future SES crew members in the making! This

experience helps ensure our kids understand what an important job the SES does for all of us in the district and beyond.



Wonderful feedback and comments were shared on the day;

'The facilities at Drillham SS are amazing and so well kept'

'The roaming nature of the activities that the kids participate in is so refreshing. It lets the kids open up and explore'

'We love this – we will be back next year!'

The day was a wonderful success and all our wonderful district schools enjoyed themselves.



JULY

Written by Paula Derksen

Unfortunately, I don't have a garden to write about for this article. The good news is we have something to look forward to in our next edition as June 15 will have seen the Murilla Garden Group venture to Mary Morgan's, "Myall Grove", Condamine. I look forward to sharing news of her garden with you all.

Well, here we are in the middle of winter! Many of us love the colder weather and don't hesitate to be outdoors, while others prefer to stay cosy inside. For the latter, challenge yourself to enjoy this time in the garden...put on your winter woollies and head outside to complete the 'Jobs for July'.

Jobs for July

- Sharpen, clean and oil your garden tools. Tool hygiene is important to prevent the spread of disease.
- Prune your roses. Use those freshly maintained secateurs to do this job. A rule of thumb is to prune hard for big flowers and do a soft prune for more, but smaller flowers. Be sure to spray for any pests or fungal diseases.
- Top up the mulch on your garden beds. The mulch will enrich your soil as it breaks down. It will also protect the plant roots.
- Feed winter vegies and fruit trees.
- Look for weeds in your lawn. Take action and get rid of them before they go to seed.

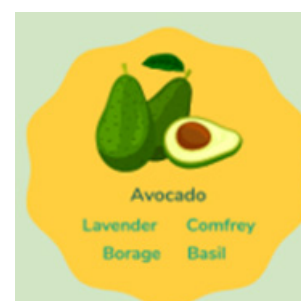
I found this on Lovethegarden.com and thought I would share it with you all. Underplanting is a form of companion planting. Companion plants can attract pollinators, deter pests, provide extra nutrients and boost productivity.

UPCOMING GARDEN DAYS – MARK THEM ON YOUR CALENDAR!

Thursday, 21 September – Callie & Dan Fitzpatrick, "Alva Downs", 236 Dulacca South Rd, Dulacca.

Thursday, 12 October – Hayley & Toni Campbell, 1 Forrest Street, Drillham.

Until next time...Happy gardening





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OH WHAT A FEELING



Miles Show

On Tuesday, 23rd May 2023 Miles Show Society invited residents from near and far for the annual show day.

Miles first show was held in 1913. 110 years later, and after a couple of difficult years in the past, the showground was buzzing. On a beautiful sunny Winter day, locals, local schools and kindergartens showcased their best produce, animals and talents like baking, knitting and painting, to name a few. Local artist Chris Osbourne won multiple awards. His watercolour painting "Lizard" won Miles Show Grand Champion and Marie Makin Memorial Trophy Grand Champion Art.

The new poultry pavillon was well stocked with a wide variety of poultry. Visitors could attend multiple events on the day. From sheep dog demonstrations, to cattle judging, showjumping, magician show to the final of the day - the fireworks. Thank you to the Miles Show Society and all volunteers for your work and effort in putting the show day together.







RFCS Southern QLD Interview

Interview and photo from the RFCS Southern Queensland

Newsletter June 2023



**Rural Financial
Counselling Service**
SOUTHERN QUEENSLAND

Get to know Denis McMahon, Senior Lawyer from the Farm and Rural Legal Service. Many of our financial counsellors have been fortunate to work with Denis over his 20-year tenure, he brings to the table a wealth of experience, a passion for assisting those in the rural legal space and an unparalleled dedication to his clients.

What inspired you to pursue a career in law and why did you choose to specialise in rural legal services? I commenced Rural Management at Queensland Ag College on leaving school. My father died the Saturday before college commenced and I found it difficult to settle into study and college life after that tragic event. School friends were studying law as article law clerks for legal firms in Toowoomba and they encouraged me to obtain articles the following year. This is how I got into law. Although agriculture has always been my first passion, I also had an interest in law. After completing my 5-year article clerkship and being admitted as a solicitor, I practiced law in rural based legal firms throughout my almost 25 years as a private practitioner. When the opportunity arose to join the Farm and Rural Legal Service of Legal Aid Queensland in 2003, I was lucky enough to secure the position. This role has provided me with many rewarding experiences.

What are some of the most rewarding aspects of your job and what keeps you motivated?

- Being able to make a difference and assist farmers when they are in very stressful vulnerable financial and emotional situations at no costs to them.
- Working with other stakeholders such as Rural Financial Counsellors who also are motivated in the same way. Achieving results where farmers are able to make decisions about their futures while they remain in as much control as possible of their lives and finances.
- Being able to advocate to government and other decision makers regarding policy issues directly related to farmers and rural based businesses, providing many positive policy outcomes.



Denis McMahon with Luke Murphy.

What are some of the unique challenges that farmers and primary producers face when it comes to legal issues?

On the surface, farmers don't face any different legal issues to other businesses. But most non-rural based businesses operate in a more controlled economic environment where they have the opportunity for more certainty of income and better and more timely decision making. However, farmers now have legal protections not afforded to other non-rural based businesses. Legal processes such as Farm Debt Mediation and Credit Rural Finance Act (Queensland) are available to farmers. These Acts were introduced following advocacy, in recognition of the often highly volatile market conditions farmers and rural based businesses encounter. Most of these conditions are outside of their control. They are price takers. Queensland primary producers operate in the one of the most variable and volatile climatic environments on the planet while not receiving the market protections given to most of their international competitors. This volatility can be seen in the fluctuations of yield/income from market changes, cyclones, floods, drought, fires, failed crops, etc. Negotiating with decision makers and highlighting these issues is a constant legal challenge.

You spend a lot of time on the road, what is the best way you have found to pass the time in the car? Much of the time is spent on the mobile (when mobile reception permits) or listening to the car radio on programs such as the Rural Report, but a significant period is spent reflecting on what can be achieved for current client matters.

If you need support please contact RFCSSQ via phone: 07 4622 5500 Email: admin@rfcssq.org.au or mail: PO Box 433, Roma, QLD, 4455



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Ageing is unavoidable, but it is entirely possible to age well with ongoing investment into your skin and facial health as much as with any other aspects of health.

Registered Nurse and APHRA registered practitioner, Skye Burke has recently opened a new business in Chinchilla, Clinical Beauty. Guiding patients in facial rejuvenation, Skye practices in antiwrinkle treatments, dermal fillers and cosmetic injectables.

"Everyone's skincare concerns and goals are different, while some people are dealing with pigmentation and breakouts, others experience more on the fine lines and wrinkles front," said Skye.

Educating clients and helping them choose what's best for them to improve their skin is at the heart of Skye's business.



"Facial rejuvenation is not just a 'one-off' but an ongoing commitment to great, healthy skin.

Skyes' foundational years working in health and medicine, means she has learnt the art of consultation, assessment and correct diagnosis. Skye has an ethical approach to beauty that's realistic and age appropriate.

Business Navigator is working with Skye on brand development and setting up digital marketing channels.

You can find and follow Clinical Beauty on Facebook and Instagram @clinicalbeauty.com.au

Business Navigator Western Downs is supported by Shell's QGC business and delivered by Toowoomba and Surat Basin Enterprise. The social investment program, supported by Shell's joint venture partners Tokyo Gas and CNOOC, contributes to a strong and diverse economy within the Western Downs.



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South-West Shows Subchamber Junior Cattle Competition Finals

Article and photo supplied by Bree Pettiona

The South West Sub Chamber encompasses 12 very unique and individual localities, each with its own dedicated and successful show society. This Subchamber encompasses a large area which includes the following affiliated show societies:

Charleville, Chinchilla, Cunnamulla, Dirranbandi, Miles & District, Mitchell, Quilpie, Roma, St George, Taroom, Wallumbilla and Wandoan.

On Saturday the 26th of May 2023, the South-West SubChamber Junior Cattle Competition Finals were held at Chinchilla Show - with the finalists having qualified for this opportunity at previous local show/s.

The results for the Finals were as follows:

- Young Stud Cattle Judges: Champion - Daniel Ford, Chinchilla; runner-up - Zoe York, Jackson.
- Young Prime Cattle Judges: Champion - Daniel Ford, Chinchilla ; runner-up Charleigh Tucker, Jandowae.
- Young Paraders: Champion - Daniel Ford, Chinchilla; runner-up - Charleigh Tucker, Jandowae.

Congratulations to Daniel on achieving the Champion trifecta!

Daniel will now go on to represent the South-West SubChamber at the Ekka in all three competitions to compete in the State title.

With thanks to Bree Pettiona, SouthWest Steward of the Junior Cattle Competition, for this photo, and her organisation and mentorship during the Finals.



Pictured are Champion and Runner-up Southwest Junior Stud Judges: Daniel Ford, Chinchilla and Zoe York, Jackson.

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Workforce Boost

Southern Cross Care Media Release from 15/06/23 photo by Gerkies

Aged care workers from Papua New Guinea who will fill critical roles in Queensland centres have been welcomed by Southern Cross Care Queensland (SCCQ).

The workers are the first to arrive from PNG and be employed in the aged care sector under the Pacific Australia Labour Mobility (PALM) scheme and have arrived from Port Moresby and PNG provinces including East Sepik, Milne Bay and New Ireland.

CEO Jason Eldering said that SCCQ was delighted to welcome the new staff, who will take up roles at their aged care homes in Chinchilla, Murgon and Taroom. "We are grateful to have skilled, professional staff from PNG to provide safe, quality care in areas where we have been experiencing workforce shortages," Mr Eldering said.

"Expanding this program into the aged care sector is something we welcome, as an industry who is facing challenges in recruitment and retention, particularly in our rural and remote communities where it is even more difficult for people to access high quality care and support. "The arrival of these workers will be enormously beneficial, and they will be warmly welcomed by our residents, families and loved ones, staff and within the communities where they will live"

SCCQ was delighted to welcome Consulate-General of Papua New Guinea Joanne Waine to its support centre in commemoration of this important development. "We will ensure that our new arrivals feel valued for the important contribution they make by bringing their skills, vibrancy and diversity to our homes," Mr Eldering added.

Mr Eldering added that the support for expanding the program from Minister Conroy, as well as Minister for Aged Care Anika Wells has been most welcome. "The PALM scheme has already successfully brought more than 600 aged care workers from Pacific nations and Timor Leste into Australian centres where they have been well received and we look forward to the expertise in caring for older generations our PNG workers will bring," Mr Eldering said.

"At SCCQ we have an unwavering commitment to providing quality care in a respectful and compassionate way



Jason Eldering (SCCQ CEO) & Lance Payne (SCCQ Residential Support Manager Western Downs) with new SCCQ Team members from PNG.

and we are pleased to be expanding our workforce with carers who understand and share those values."Southern Cross Care Qld employs over 1,000 staff who provide services for more than 2,000 people through a network which includes thirteen aged care facilities, five retirement villages, and home care services across Queensland. This is the first time that PALM scheme workers from PNG have been employed in Australia's aged care sector and is part of an Australian Government commitment in support of PNG's ambitions to send 8,000 workers to Australia by 2025. The total number of Pacific and Timorese workers under the PALM scheme in Australia has risen from just over 24,400 a year ago to just over 38,000 today.



Work for an organisation where
every person matters

Are you looking for a rewarding role in a great organisation that not only cares for its residents but whose staff are known and loved?

Southern Cross Care Queensland have a range of work opportunities available in our aged care homes and home care services across Chinchilla, Tara, Miles, Taroom, Meandarra and Jandowae communities in the Western Downs.

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DOLPHINS v BEARS

JULY 15, 3PM
CENTENARY OVAL, MILES



Also Featuring Qld Outback V's NSW Outback (Men's and Women's)

Qld Outback V's NSW Outback (Women)

12.00pm

Qld Outback V's NSW Outback (Men)

1.30pm



FOOTY

Written and photo by Ken Brown

Reducing our Carbon footprint

Another month goes by, and another project is completed at Centenary oval by the Miles District Rugby League Club.

The Western Downs Regional Council partnered with IOLAR to offer an Envirogrants Program to support organisations in undertaking beneficial community projects.



Dressing Shed with new Solar Panels

The Miles District Rugby League Club had just finished upgrading the Floodlights at Centenary Oval to more energy efficient LED's and saw this program as an opportunity to go one step further to reduce energy costs even more for the Club.

By installing Solar Panels, the Club hopes to save on electricity bills as well as generate clean, renewable energy. At the same time the Club can export the excess energy produced back into the power grid, thus not only reducing costs – but receive credits for energy produced by the Solar Panels.

Thank you to Western Downs Solar for the installation and to the Western Downs Regional Council and Iolar for contributing to the cost of such a beneficial project for the Club.

Miles favoured for HostPlus Cup

The Miles Club was notified by the Queensland Rugby League of their selection to host a HostPlus Cup game

this year. This game will be played on the 15th of July at Centenary Oval, Miles between the Burleigh Bears and Redcliffe Dolphins. As well as the HostPlus Cup game there will be a State of Origin feel at Centenary Oval, as there are two games scheduled to be played between the Qld Outback and NSW Outback teams – both Men's and Women. The Qld Outback women's team is coached by former Miles Junior Rugby League, Queensland, and Australian Representative Nicole Richards.

With Motels booked out and six visiting teams and officials having to be fed, this will be a big weekend for the Miles region and should inject some funds into the local economy. The Miles Devils are looking forward to hosting this event and are proud to be able to show off our Club facilities and the town of Miles to the many visitors expected over the weekend.

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Pick Up Points of the FREE Community Newsletter



Miles & Condamine

Abrahams Drapery , 43 Murilla St, Miles
Condamine Post Office , 25 Foster St, Condamine
Foodworks Miles , 37 Murilla St, Miles
IGA Miles , 112 Murilla St, Miles
Mace's Hot Bread Bakery , 3 Pine St, Miles
Miles Historical Village/ Information Centre , 141 Murilla St, Miles
Miles Tyre & Battery , 152 Dawson St, Miles
Newsagency / Acton Pharmacy , 71a Murilla St, Mile
Mitre 10 Hardware , 19 Murilla St, Miles
Murilla Community Centre , 73a Murilla St, Miles
NFW Miles , 68 Murilla St, Miles
Post Office Miles , 29a Marian St, Miles
T&J Butchery , 24 Murilla St, Miles

Chinchilla

Acton Pharmacy , 8 Middle St, Chinchilla
BP Chinchilla , 107 Chinchilla St, Chinchilla
Chinchilla Community Centre , 67/71 Middle St, Chinchilla
Chinchilla Library , 27 Bell St, Chinchilla
Chinchilla Visitors Information Centre , Warrego Hwy, Chinchilla
Chinchilla Medical Practice , 58 Middle St, Chinchilla
Chinchilla Newsagency , 87 Heeney St, Chinchilla
Drakes Supermarket , 44 Middle St, Chinchilla
Hardware Mitre 10 , 42 Middle St, Chinchilla
WDRC Chinchilla Office , 80-86 Heeney St, Chinchilla
Your Pharmacy , 32 Middle St, Chinchilla

Meandarra

GDL , 11 Sara St, Meandarra
Library , Sara St, Meandarra
Meacle's Family Store , 7 Sara St, Meandarra

Wandoan & Taroom

Foodworks Wandoan , 31 Royd St, Wandoan
Taroom Newsagency , 46 Yaldwyn St, Taroom

The Gums, Glenmorgan & Brigalow

The Gums Store , 51948 Leichhardt Hwy, The Gums
Glenmorgan "End of Line" Cafe , Godfrey St, Glenmorgan
Brigalow General Store , 2 Campbell St, Brigalow

Tara

Foodworks , 22 Milne St, Tara
Library , 31 Day St Tara
Lifeline , 7 Fry St, Tara
Tara Hardware , Cnr Sara & Day Sts, Tara
Tara Neighbourhood Centre , 49 Day St, Tara (beside BP)

**You can find the digital copy
of the Community Newsletter
on our website:**

<https://mccm.org.au/murilla-community-news/past-newsletters/>



PAINT THE TOWN

On Friday evening, 26th May 2023, the opening of the current exhibition "Paint the Town", 2021 Queensland Regional Art Awards kicked off at Dogwood Crossing, Miles.

"The Queensland Regional Art Awards (QRAA) is an annual visual arts prize and exhibition for established and emerging artists living in regional and remote Queensland. The program aims to provide a platform for further professional development."

"Many entrants responded to the title 'Paint the town' by addressing notions of Place and Community...the result is a collective body of work, that is very much from and about regional Queensland, as seen by its artists." said curator Chris Stannard. Donna Glass and Helen Dennis, two local artists, were finalists in the art contest and attended the opening.

Dalby First Nations artist Sharlene Smith has her first solo exhibition on the Curved Wall called 'Journey With Nature'. This art collection is inspired by nature and animals Sharlene encountered on her travels.

Both exhibitions are on display at the Dogwood Crossing Miles, 81 Murilla St, Miles until Saturday 22nd July 2023.

Opening hours: Monday - Friday 9am - 12.30pm | 1.30pm - 5pm; Saturday 9am - 12pm



Donna Glass
(Bunya Mountains)
with Cr. Kay
Maguire next to
Donna's piece
"Desert Rose"



Helen Dennis from
Chinchilla with
"Ephemeral Lagoon,
Branch Creek"



Sharlene Smith
next to her artwork
"Wedge-tail eagle"

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Origin Community Update

July 2023



Operated by



Miles and Chinchilla Shows thank you

Congratulations to the Miles and Chinchilla Show Societies for once again putting on enjoyable community shows. Origin was pleased to participate, holding a stall at both. Thank you to everyone who dropped by to say hello and find out more about our seismic activities happening locally, or participate in some robotics activities run by Integrated STEM.

Miles District Fishing and Recreation Club partnership milestone

The Dogwood Creek Weir to Weir Rehabilitation Plan was recently completed and published. It's an important milestone for the partnership and the result of collaboration between the fishing club, the Department of Agricultural and Fisheries and Origin to develop an integrated framework to improve the quality and sustainability of recreational fishing and the ecosystem in Dogwood Creek. Contact Peter Delaforce (peter@anglerforce.com.au) for a copy.

Queensland Symphony Orchestra to tour

Mark the calendar. The Queensland Symphony Orchestra is heading back in early August (2nd-4th) and will visit schools, community bands and perform community concerts in Chinchilla and Tara. The initiative has been delivering student workshops, professional development sessions for teachers, and free concerts for the community since 2016. We're proud to return again this year.

Supporting National Reconciliation Week

The Ngarrumban Arts & Culture Troupe once again visited schools and communities across the Western Downs as part of National Reconciliation Week. Students from Miles Primary were able to learn and participate in dance, music, storytelling and art workshops. Students from Chinchilla Primary were able to participate this year with support from Uni-Span. Thanks also to Columboola Environmental Education Centre for hosting many of the week's activities.

Community Sponsorship recipients announced

Congratulations to the successful applicants for the latest round: Chinchilla A&P Association Inc; Callide Valley Agricultural & Pastoral Society Inc; Miles Show Society; Tara Shire State College; Chinchilla Community Centre; Dalby-Filipino-Australian Community Assoc Inc; Tara Tennis Club; Banana Shire Community Arts Association; Tara Polocrosse Club; Chinchilla Little Athletics; Condamine Cods Rugby Club; Tara Futures Group.

Seismic update

Origin is doing some seismic work around Dalwogan, Miles and Condamine through to August. You may notice crews preparing lines and specialised vehicles operating along sections of several public roads including Racecourse Road, McNulty Road, Hookwood-Pelham Road, Myall Park Road, Akers Gully Road, Gearys Road, Glenafton Road, Christianberg Road, Dalwogan Road, Mt Myrtle Rd, Kowguran Road, as well as the Warrego and Leichardt Highways. Traffic controllers will be assisting crews working along these road corridors.

As always, please contact us if you have any questions.



Supporting community shows



Bringing amazing musical experiences to community



Sharing culture during National Reconciliation Week



Origin Miles Office
105 Murilla Street, Miles

Origin Chinchilla Office
5 Dwyer Court, Chinchilla

Origin Community Hotline 1800 526 369

Origin is the Upstream Operator of Australia Pacific LNG

Trawling through treasures

On Monday, 29th May 2023 the opening of the digital photo library "Picture Western Downs" was held at the Artesian Basin, Miles Historical Village.

WDRC Library Service Coordinator Chris Bermingham opened the event and introduced the archive program project "Picture Western Downs". Originally the goal was to have 200 images of the Western Downs region archived. Project leader, Carolyn Beattie, as well as WDRC Meandarra Library and Meandarra ANZAC Memorial Museum, together with volunteer and Meandarra local Trevor Cameron managed to archive 338 photos as of Friday, 26th May 2023.

The "archive module expert" Carloyn, explained her journey; digitalisation of the antique photographs, how she found more information about each individual photo, and how you can access the photo and all its information including its geo location on the website. Carolyn's passion was heard and felt.

Trevor and Carolyn's main source of information is TROVE. "Trove is a collaboration between the National Library of Australia and hundreds of Partner organisations around Australia. It has amazing collections from Australian libraries, universities, museums, galleries and archives. It's free and available online all day, every day. Everything you would find on a visit to a library or museum can be found in Trove. It brings together billions of pieces of information." (<https://trove.nla.gov.au/about>)

And so, it helped "Picture Western Downs" in putting missing information together from a single photo like the image of "Australia Hotel on fire, Miles, 1937".



Photo "Australia Hotel on fire, Miles, 1937 from archives.

You can find the following information and more on the website. "A newspaper article from 1937 detailed the Australia Hotel fire: "Damage estimated at £10,000 was caused by a fire in Miles on 7 August 1937, which burnt out a hotel, a bank, two garages, a cafe, a chemist's shop, a hairdressing salon, a grocer's shop, and an auctioneers' offices...A bucket brigade was organised, but the fire, which started at 7.30 a.m., quickly spread to Simmonds's garage and the chemist's shop...Hundreds of men were working at fever heat, with axes and crowbars, in an endeavour to demolish the Auto Cafe,"

Carolyn's and Trevor's passion and interest made the digital collection of local historical photographs a treasure to the Western Downs region. It also has a very high potential in growing even bigger. The Council, as well as Carolyn and Trevor are very keen in expanding, but for now, we can explore 338 photos and stories online - on a quest to get to know Western Downs regional history.

You can find the archive program on the Western Downs library website <https://www.westerndownslibraries.com/> The images can be viewed, saved, and printed from the Western Downs Libraries catalogue.

Enjoy your "trawling through treasures".



Carolyn Beattie explaining "Picture Western Downs"

Enrich your life – and theirs

Volunteer with Southern Cross Care Queensland!



Southern Cross Care Queensland is seeking volunteers to help make a positive difference to the lives of our much-loved residents in our aged care homes.

Social connection is a key part of ensuring our residents feel known and loved. With unique life stories and lots of memories and wisdom to share, each of our residents are special people. Through our volunteering program, we are proud to help foster cross-generational friendships that enrich lives.

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- Companionship Volunteers

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Interested or need to know more?

Please email us at Volunteers@sccqld.com.au or call us on 1800 899 300 to find out more.

Every person matters

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An initiative of the Knights of the Southern Cross

Bookfest 2023

On a frosty Winter's Day, Saturday, 16th June 2023, Murilla Community Centre held its annual Bookfest in Miles with books spanning the entire Leichhardt Centre Hall.

Thousands of titles were on offer across all genres, as well as magazines, games and DVDs - thanks to the generous donations of our community. The Bookfest was well-attended by Community members, looking to stock up on some winter reading material and support this great cause. Many enjoyed the homemade soups and treats and the social catch up.

A huge thank you must go to our amazing Volunteers who contributed many hours of sorting, cleaning books and planning in the lead-up to, and during, the Bookfest - we would not be able to succeed in such a mammoth event without you!



Another equally heartfelt thank-you to all of our sponsors and volunteers for your support. Thank you Western Downs Regional Council, Shell/QGC and Origin.

A total of \$3000 was raised with proceeds going towards the keeping our Community Centre Buses on the road. Until next year, happy reading...

Warra State School

Phone : 4668 1144



Email: principal@warrass.eq.edu.au

Term two at Warra. This term has seen our numbers increase we now have 6 students attending our beautiful school.

Our PNC are working hard on fundraisers. Mother's Day Raffle and biscuit drive.

We Welcome Mrs Penny De Waele as Acting Principal, while Mrs Angel is on leave.



Haystack School visit



What's happening ?

Students this term are investigating how animals and plants adaptions, Australian Gold Rush and how our ancestors lived, comparing texts in English, discovering how to use fractions time in real life.

Mornings though cool, are fun with obstacle courses and table tennis.

ANZAC DAY WARRA SERVICE





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Ukulele workshop (5yrs +)
no prior experience required.

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Fun BalloonSchool Workshop
(5yrs +) no prior experience required.

Drum Work.....Bring on the Beatz
A drums and percussion workshop (late primary - high school age +) no prior experience required

Introduction to Singing.
(High school age +), some vocal aptitude recommended

**\$10 PER WORKSHOP
\$5 CONCERT ENTRY**

REGISTER BY EMAILING
MILESREGIONALARTSCOUNCIL@GMAIL.COM



Morning Melodies

On the 15th June 2023, we held a Morning Melodies at the Tara Commercial Hotel. Bill Ramsy as usual kept the 13 people in the room entertained. We love his stories and his singing. A lot of stories we can all relate to. We had a lovely surprise. Some well know footballers called in and said Hello: John Hopoate, Terry Matterson, Jaiman Lowe. We are trying to have Morning Melodies once every 3 months at least and would love you all to join us, a lovely morning and lovely company.

Thanks to the Tara Commercial for having us and keeping us warm. Thanks to Bill Ramsay for the great entertainment.

Thanks to the footballers for calling in and saying Hi.

Thanks to everyone that came along to make it a great morning.

Thanks

Karen (50+Better)



Men's Day

The Tara Neighbourhood Centre held a day to concentrate on Men at the Tara Bowls on the 10th June 2023. The event was designed to get men out socializing and get informed about different health issues they could encounter.

It was attended by 33 men, who joined in and interacted with all the activities that informed them of their blood pressure, sugar levels and BMI. We also carried out a number of blood alcohol levels to give them an idea of consumption of beers etc. Three guest speakers spoke including Dr Tim, Robert Beil and Peter Doust who gave them very valuable information on prostate cancer, suicide and general health and wellbeing. I would like to thank these three guest speakers that gave their time and knowledge and life experiences to help give back to others. After the speakers, all men enjoyed games of barefoot bowls.

I would like to thank everybody who donated to this great cause; The Department of Communities, Drought Angels, CRT Tara, Tara Commercial Hotel, Ray White.

I would like to thank the Tara Bowls Club for allowing the use of their premises, everybody who helped and the especially the men that attended.

Thanks

Karen (Events TNC)



Street Names of Tara – BENN ST

Text & Photos supplied by Ian Campbell, Tara Historical Society

In the second edition of "Street Names of Tara" we look a bit closer at Benn Street, named after Benjamin Walter BENN.

B W Benn's forbears were flour millers in Cork in Ireland.

B W Benn came to Tara from Gippsland, Victoria in 1910 and took up land, either what is now Frank Neals or nearby. He had three sons . Two of them, Percy and Terry served in WW1.

Benjamin left the property during the war and returned to Victoria starting an engineering business, where he invented a milking machine and made the parts himself to maintain the machines. When Percy and Terry returned from the war they found the farm at Tara totally infested with pear. It was useless to them. They left the district and moved to the north Queensland coast. One of them developing a cane farm at Elarish.

During his short time in Tara, Ben had served on the council from 1912 to 1916. He was a chairman in 1915-16.

Today you can drive along the BENN STREET...



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Reflect and Appreciate

Text & Photos supplied by Margarette Sinnamon

Unfortunately the Jackson Community May BBQ had to be cancelled due to a number of our volunteers being unwell. We wish them all a speedy recovery.

So the celebration of volunteer's month was included in the June luncheon. This was held on the 24th June commencing at noon. The luncheon also highlighted food from the QCWA Country of Study for 2023, Trinidad and Tobago, as well as the usual BBQ fare.

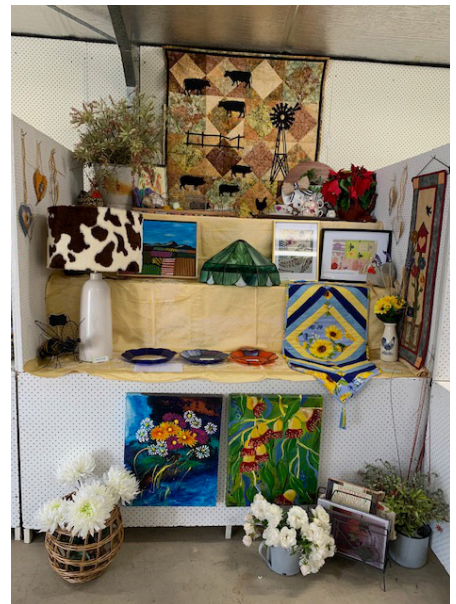
Everyone is always welcome to attend and enjoy the company and a meal, for a small fee. To assist with catering for the day could you kindly make contact by phoning 0413 108 734.

The annual Miles Show was held in May and the Jackson Branch of the QCWA entered an impressive display of arts and crafts. Congratulations to the members on attaining first place in the QCWA Branches display section.

The Jackson ladies also manned the 'Tucker Box' at the Miles show, which provided home cooking and a cuppa for the patrons. Thank you to the Show Society for providing this opportunity to promote healthy, but still yummy, eating alternatives to your patrons.

If you are passing Jackson, everyone is welcome to stop in at the 'Old Play Shed' and peruse the photos and stories about the history of Jackson and the district. The surrounds are looking a picture since the Maranoa Council Parks and Garden staff have been busy beautifying the area.

Also remember there is now an AED installed at the QCWA Hall for medical emergencies.



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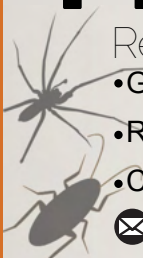
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On the Plaque & a New Loo

Text and photos provided by: Polly Leahy

The Noonga community was appreciative when President Barry Sinnamon and Secretary Polly Leahy were invited to attend the Grand opening of the newly finished Lifelight Hanger in Roma. The next generation of Noonga youth held the Black Tie Affair in 2022 and a percentage of the proceeds were donated towards the new hanger. Last year Noonga's community members visited Lifelight Roma base to donate the \$5000 cheque. The hanger was viewed from a far and only a concrete slab was visible, so it was really nice to see the completed project and a real credit to everyone involved at Lifelight. Barry was behind the camera and snapped a picture of proof for the young Noongaites of the plaque acknowledging their hard work and contribution.



Biggest news at Noonga: How excited can one community get on the arrival of a new toilet/shower block???well! if you live at Noonga it's very exciting!! For the past 4 years the Noonga Community and Tennis club have been working hard and fundraising towards to the purchase of a new amenities block to replace the 40+ year old existing building. This will enable residents, tennis players and visitors to the Noonga community to access a brand new custom made wheelchair accessible unit, a baby's change area, much needed showers and more toilets. It was a bit surreal when the truck drove in with the building on board as it meant another milestone goal for the hard working volunteers of Noonga has nearly been completed.

NOONGA'S future DATE CLAIMERS: Noonga's 2-Day Tennis Championships: Saturday & Sunday September 16th & 17th, 2023

Seniors Week celebration: Tuesday October 10th, 2023.

Noonga Community Christmas Tree: Saturday December 16th, 2023

Sheryl Sinnamon Memorial Cricket Day: Saturday January 6th, 2024

Noonga's Black Tie Affair: Saturday March 16th, 2024.





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- 4 great size bedrooms all with built-in cupboards
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- Open plan kitchen dining and living area plus separate media room
- Air-conditioning and ceiling fans throughout
- Double remote garage with internal access to your home
- Covered outdoor entertaining area
- Fully fenced yard with great side access plus, large garden shed
- Potential rental income - \$400-\$440 per week

Price \$370,000

FOR SALE



Chinchilla | 92 Rider Street

Huge Potential, Acreage In Town

- Stunning *9 Acre block
- This property is cleared, for those seeking a property for livestock, as well as scattered mature trees that provide the perfect amount of shade
- Fencing covers three sides of the property in great condition
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- Power pole has been installed
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Price \$230,000

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Miles | 12 Edith Street

Huge Space & Huge Potential on 1768m2

- 1743m2 allotment
- 5 spacious bedrooms and 3 bathrooms
- Large Kitchen with open plan dining/living
- Polished timber flooring and air-conditioning throughout
- 3 bay shed
- Being sold as fully furnished
- Walking distance to town centre
- Potential rental income \$450 per week

Price \$370,000

FOR SALE



Miles | 58 Dawson Street

High-set Queenslander in Great Location

- A spacious floorplan
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- 5 spacious size bedrooms some with built-ins
- Master bedroom with ensuite and walk-in robe
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- Fully fenced yard plus carport
- Currently rented at \$300 per week

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Wandoan Under The Stars

On Saturday June 10th 2023, the Wandoan Community Commerce & Industry (WCCI) held an Astrophotography Workshop with Camp Oven Dinner. 16 photographers attended and an additional 40 people came for dinner. It was a lovely clear night; fantastic for photographing the stars. Workshop attendees were guided by Don Hildred, a photographer with over 30 years' experience, who currently teaches at USQ, and Yugamba Elder, Uncle Wayne Fossey, who is a Traditional storyteller, lecturer and researcher in Aboriginal night skies/astronomy.

All attendees were pleasantly surprised with their photos and are looking forward to taking more night sky images.

We hope to hold similar events in the future, so make sure you're following the WCCI on Facebook to hear about it.

The Wandoan Community Commerce & Industry (WCCI) would like to send a big thank you to everyone involved in our very first Wandoan Under the Stars event. A big thanks goes to our sponsors of the evening Glencore, Senex and WDRC.

We also want to thank Leesa, Hope, Tania, Chris and Amber, who did such a great job with the food and cleaning up. Charlie and Edward James' camp oven dinner was a great meal and appreciated by all. Compliments to Juandah Historical Society for the use of their great facilities. It is a perfect place to view the stars. Thank you to our hard-working Simone, who handled the difficulties which arose with the bookings for the evening. Finally a big thank you to the 60 odd people who supported the dinner and the 16 photographers who signed up for the workshop.



GLENCORE
Senex

Photos
taken by
participants.
Left: Layne
Sinnamon
Right: Leesa
Rathbone



Don Hildred and
Uncle Wayne
Fossey



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Miles Child Health

Miles Child Health nurse Helen Wylie is based at the Primary Health Care Unit at Miles Hospital. Helen is an experienced Midwife and Child Health nurse with over 20 years of experience working with families in our region. Our service offers parenting advice and support as your baby grows and develops from newborn and beyond. A Child health nurse can assist with regular health checks for infants and children, help manage behaviour issues and support your parenting needs of:

- Getting to know your baby
- Breastfeeding
- Growth and developmental milestones
- Healthy eating habits – introduction of solids
- Sleep patterns – settling techniques
- Immunisation
- Hearing assessments

Appointments are available on Monday, Tuesday and Wednesday for both Clinic scheduled appointments and Home visiting as required.

Contact Helen on 4628 5629 or the Miles Hospital on 4628 5600.

Invitation from Miles


Health & Wellbeing Session

**"FALL PREVENTION & TIPS
FOR BETTER MOVEMENT"**

Wed, 9th AUG 2023

at Miles RSL Rooms, 26

Marian St, Miles

9:30am Morning Tea

10am Session starts



All welcome

For enquiries and for catering
purposes / confirming
attendance please call
0439 695 148



Why do I need Cervical Screening?

Written by Gemma Horsburgh RN, RM, CYFH, WHN A/CNC Women's Health Nurse

Cervical Cancer is the 7th most common cancer within Australia. The best way to protect yourself from cervical cancer is to have regular cervical screening. Contact your local hospital to book an appointment with the Mobile Women's Health Nurse.

"Cervical Screening Test" or CST is the new name for the "pap smear". It targets women between the age of 26-74 years. It involves collecting a sample from the vagina or cervix which is tested to see if there is a risk of developing cervical cancer by looking for HPV or Human Papillomavirus.

HPV is so common that most people have it at some point in their lives but aren't aware of it- as there are usually no symptoms. Most HPV infections are naturally cleared by our immune system within 1-2 years without causing problems, however if the body does not clear HPV, it can cause abnormal cervical cell changes. The role of cervical testing is to detect and treat the pre-cancerous abnormal cell changes before they develop into cervical cancer.

While not everyone with an HPV infection will develop cervical cancer, the best way to limit this possibility is to have regular cervical screening- according to the National Cancer Screening Guidelines. For women who return a "Low risk" result- the recommendation is rescreen in 5 years. If there is HPV detected- the result may be classed as "Intermediate risk"- which asks you to return in 12 months, to see if your body has been able to clear the virus. Certain types of HPV (numbers 16 or 18) indicate a "Higher risk", and a referral to a specialist for investigation is warranted. This can be done via your GP, or by the Women's Health Nurse.

The Community Newsletter proudly supports its service by publishing the monthly dates in each edition. Please find the dates on the previous page. The Mobile Women's Health Service is made up of specially trained registered nurses based throughout Queensland who provide a free and confidential service for Queensland women. The service aims to improve the health and wellbeing of women in rural and remote areas of Queensland. The service visits over 200 rural and remote communities in Queensland and services a 300 - 500km radius from base locations to provide clinics and other services on a regular basis. The service supports all women, including Aboriginal and Torres Strait Islander women and those from multicultural backgrounds. In some areas an Aboriginal and Torres Strait Islander women's health worker assists the nurse in meeting the needs of local Aboriginal and Torres Strait Islander women.

DARLING DOWNS MOBILE WOMEN'S HEALTH CLINIC

Darling Downs Health Mobile Women's Health clinics offer a range of services including:

cervical screening tests; breast awareness; sexual health testing; advice for issues such as:

+continence +menopause +family planning
+contraception +general well being.

THE SERVICE IS CONFIDENTIAL AND AVAILABLE TO ALL WOMEN.

Chinchilla Health Service, phone 4662 8888
- 17th July 2023

Dalby Health Service, phone 4669 0517 - 27th July 2023

Miles Primary Health Care Centre, phone 4628 5600
- 19th July 2023

Tara Primary Health Care Centre, phone 4682 7900
- 10th July 2023

Wandoan Primary Health Care Centre, phone 4627 4444
- 26th July 2023

More info <https://www.darlingdowns.health.qld.gov.au/services/womens-health-clinics>



**Acton Health
Pharmacy**

UTI's

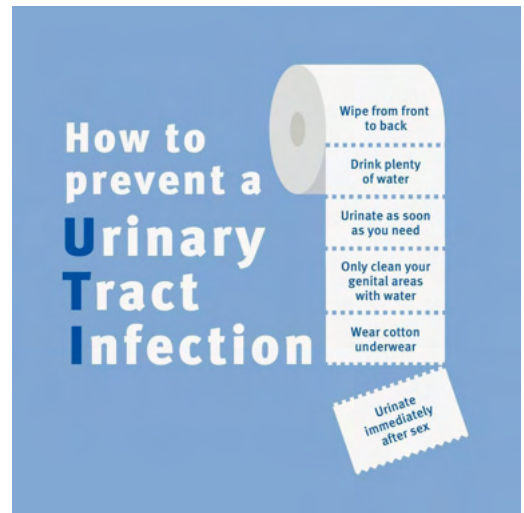
Urinary Tract Infections (UTIs) are so common you've probably experienced one yourself or know someone who has.

Your urinary system is made up of the kidneys and the two tubes that join the kidneys to the bladder. A UTI occurs when bacteria enter your urinary system.

UTIs can be very uncomfortable and even painful. Symptoms include:

- Stinging or burning when passing urine
- Feeling the need or 'urge' to pass urine frequently
- Smelly, cloudy, dark or bloody urine
- Pain low in the abdomen, lower back, or sides.

It's important to treat a UTI early. If left untreated, it could cause ongoing problems or serious infections. If you think you have a UTI, please seek medical advice.



Source: Healthdirect (2022). Urinary Tract Infection (UTI)

Acton Health Pharmacy, 63 Murilla St, Miles QLD, 4415 & 58 Middle St, Chinchilla QLD, 4413

WRITE A REVIEW

FOR THE MURILLA COMMUNITY CENTRE

Help to spread the word by leaving a review, so:

- people can find us easily and feel comfortable knowing MCC Staff care and are happy to help
- help us to follow our continuous improvement plan for the organisation

HOW TO:

- Google "Murilla Community Centre, Miles"
- On the right side of the google page, Click on
- "Write a review"

Thank you for your help

FULLY BOOKED

MURILLA COMMUNITY CENTRE

SECOND HAND BOOKSHOP

PROCEEDS GO TO MURILLA COMMUNITY CENTRE



Congratulations to Kelly Crosby on completing her studies in education.

She graduated with honours and is now a full time teacher in Hannaford and Glenmorgan.

All the best for your bright future, Kelly.

A big Welcome to Ruby Grace Milton

Teegan and James Milton welcomed their first daughter on the 23rd May 2023. Ruby Grace weighed 8lbs (3890g) at birth.



Plant Library

Murilla Community Centre would like to thank Elaine & Dee, who are members of QCWA - Miles Branch, for taking care of the plant library at the Murilla Community Centre, 73a Murilla Street

VISIT THE PLANT LIBRARY AND TAKE SOME PLANTS HOME AND RETURN SOME OF YOUR OWN IN EXCHANGE.

MURILLA

community

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Community Bus	Emergency Relief	Alcohol & Drug Support
Murilla Community Newsletter	and more, including Referrals & Visiting other Services	

www.mccm.org.au

Visit us or our website

or give us a call.

We are looking forward

hearing from you.



Address: 73a Murilla St,

Miles 4415, QLD

Phone: 07 4627 2027

Email: mccm@bigpond.com

FOOTY & CHAMPAGNE

On Saturday 3rd June 2023, Condamine Cods held their annual event "Condamine Cods Ladies Day". As usual the Ladies Day Committee put in a lot of effort, which resulted in a day that seamlessly combined beauty and brawn.

Many women from near and far attended the event. They glammed up and enjoyed a sunny Saturday afternoon with friends and family while sipping champagne and cocktails, enjoying delicious food, and watching three rugby union games: Chinchilla River Rats vs Goondiwindi Emus C Grade followed by Condamine Cods B Grade vs Goondiwindi Emus and Condamine Cods A Grade vs Goondiwindi Emus.

Multiple stalls like LK Collections, Frenchie&Mint, Dulacca Foliage, Ivy & Gus, Bec Fing Designs and Shelley +Jane gave the ladies the opportunity to shop, while Baking Asylum, Janeo's Barista & Bar, True Blue Caravan Bars provided the food and drinks.



Ladies enjoying the day.



Lady's Day Committee (L-R) Claire Morgan, Erin Smith, Sarah Minikin, Kate Drury, Matika Laycock and Chelsea Webster.



Sharon Colley & Susie Moore



Ingrid Uebergang & Sheree Dwyer



Lots of fun and laughter

A big thank you to the main sponsors Origin Upstream as operator for Australia Pacific LNG and Lisa Kennedy Collection, to all attendees, as well as to the Murilla Garden Group, Baking Asylum, Janeo's Barista & Bar, True Blue Caravan Bars and Moonie P&C for supporting the day.

The money raised in the auction will go towards the Condamine Cods Club. The club is planning on building an extension for the club house.

So cheers to that and until next year...





Mother's Day Event

The Chinchilla Museum had a successful Mother's Day event on the second Sunday in May. Train rides, Devonshire teas, hot dogs and sausage sizzle were enjoyed by all who attended. There are also train rides monthly at the Museum.

Representatives from the Museum participated in the Science Festival held in the Primary School grounds, with a display of fossils found at Chinchilla Sands.

We have volunteers sorting through a private display of rocks etc donated to the Museum ready for concessioning.

Some of the volunteers are currently working on a Clayton Shuttleworth 4 horsepower, portable steam engine, circa 1911. Steam enthusiasts are welcome to come along and see the progress of the restoration of this machine on Thursdays from 9am.

Should there be any issues please contact Cath on 0448 766 144.



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Tara Shire State College P&C Fete

A FIRST IN 20 PLUS YEARS!

Our P&C took the leap of faith and decided to organise a fete.

Wow! What an incredible event that was well supported by the Tara community. There were rides, jumping castles, a petting zoo, and face painting. The children were able to look at and talk to our local fire fighters. Everyone enjoyed the market stalls with a variety of products on sale. The show bags were a huge hit that there was very few remaining at the end.

Fete goers also had the opportunity to try their luck in the various raffles on offer, and to enjoy the live music. There was such a lovely feel to the day with a variety of food available including treats, snacks, donuts, burgers and beverages.

The P&C thank Origin for their sponsorship of this event. The College and TSSC P&C would like to thank the following businesses – the Camel Show Committee; Tara Medical, Elders, Central Steel, St George Freight, Modern Trend, Tara Hardware, Ray White, CRT and Foodworks.

To see so many parents and children in attendance was amazing and the TSSC P&C are invigorated to do another one in the coming years.



JB DESIGNS

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Embroidery designs

Shirt Logos

Art in the Garden

Text and photos by: Sue Akeroyd

It is a fantastic time to visit Myall Park Botanic Garden and look at the more than 10 art installations around the Garden. We have developed a new brochure to guide you so you won't miss any of the varied and interesting art pieces. You can start at the Gallery, take a leisurely drive around the garden circuit and finish with a meditative walk around our newly created Labyrinth. Bring a picnic and enjoy all the beautiful plants that are budding and flowering and make a stop at the bird-hide to spot some of the many birds that visit there.

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NEWS FROM MILES STATE HIGH SCHOOL

Creating strong connections with our community allows students to experience and succeed, carving out pathways for themselves.

EXPERIENCE A SUPPORTIVE COMMUNITY...

RED BENCH PROJECT

The Western Downs is now home to three Red Benches as part of the Red Rose Foundation's initiative to shine a light on family and domestic violence by placing bright red benches in public places around the country. 🌹

The Miles Red Bench, which was recently installed by Council outside the Miles Medical Centre, was refurbished, painted and decorated by students at [Miles State High School](https://www.mileshighschool.qld.edu.au/).

To find out more about the Red Rose Foundation and the Red Bench Project, visit

<https://www.redrosefoundation.com.au/>

BIGGEST MORNING TEA

Miss Turner and a group of our students assisted with setting up and serving at the Biggest Morning Tea held recently.

Students received fantastic feedback from community members in attendance on the day.

EXPERIENCE YOUR FUTURE...

YEAR 11 LEADERSHIP DAY

Our Year 11 students took part in a Leadership Day at Emu Gully last Friday. This day assists with preparing our students for leadership roles in 2024.



EXPERIENCE SPORTING

EXCELLENCE...

QUEENSLAND STATE SCHOOLS NETBALL

Big shout out to Summa who competed at the Queensland State Schools Netball Championships at the Sunshine Coast.

She represented the South West and Miles State High School with pride. Summa was named the Captain of the South West Team for the duration of the carnival. At the end of the carnival coaches from the other regional teams voted Summa the Most Valuable Player for South West.

Wonderful news and a special accolade for Summa. Photo contributed with thanks 😊

HOMEWORK CENTRE NEWS

Don't forget that we now offer free Homework Centre Support on Monday and Wednesday afternoon for busy families. Please contact the school office to arrange for a form to be sent home and a booking made. Students are provided with a light afternoon tea at 3:00pm with the Homework Centre being open and fully supervised until 5:00pm.



SCHOOL TOURS AVAILABLE

Please do not hesitate to call our school office (46285111) to arrange a guided tour of the school facilities and what we can offer your child.





Reconciliation Day 2023

Text and photos provided by: Belinda Walker

The Tara Reconciliation committee continued the momentum from 2022 encapsulating the 2023 theme – Be a Voice for Generations. This year's Reconciliation Ceremony saw the wider community coming together with students, staff and parents from St Joseph's Catholic Primary; Teelba SS; Meandarra SS; Glenmorgan SS; The Gums SS; Hannaford SS and Westmar SS joining the Tara Shire State College community.

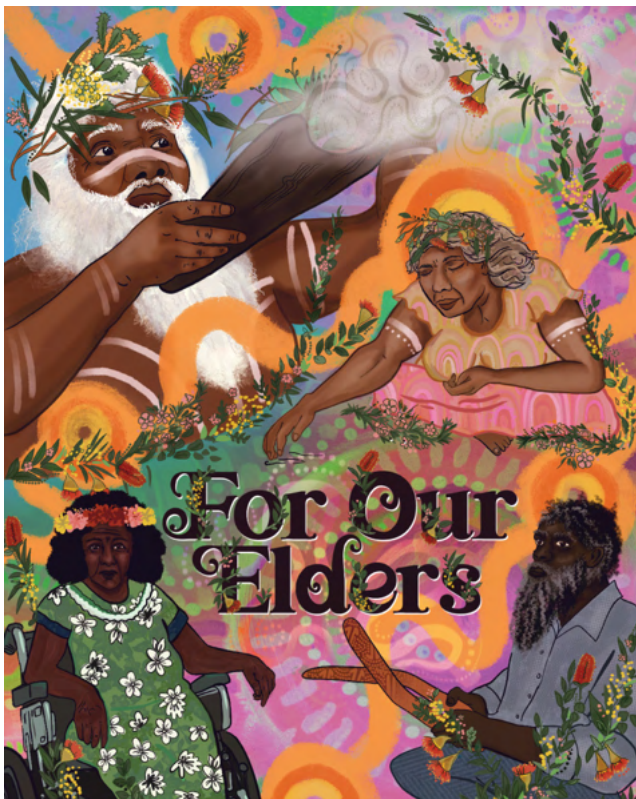
Councillor Megan James officially welcomed everyone with Dr John Davis delivering the Welcome to Country. The audience learnt about Aboriginal and Torres Strait Islander language, histories and culture as Dr Davis shared stories. Everyone was then encouraged to participate in the Smoking Ceremony. The ceremony was followed by a variety of workshops and activities which included Aunty Barb Walker's weaving workshop;

Tex O'Neill's indigenous games; Kaylea Gravolin's pet rock and hand art; boomerang artwork; Chef Mason's taste testing of emu and kangaroo meat and damper; Jo Douglas's We Walk Together crafts to name a few.



The Reconciliation committee would like to thank our special guests Ken Riddiford CEO Stronger Smarter Institute; Councillors Carolyn Tillman and Megan James; Acting Police Inspector Greg Wheeler; Senior Constable Dan O'Hara from Dalby, Police Liaison Officers Jenny Thomas from Dalby; and Robbie Jennings Police Liaison Officer from Chinchilla; along with some of our local police. It was a great gathering of all!

An event like this would not be possible without the kind sponsorship by Origin. The TSSC P&C would also like to thank Shell QGC for their kind donation towards this event. It would not be possible to organise and facilitate such a successful event without the dedication and commitment of our committee members from the Western Downs Regional Council, Tara C&K, 54 Reasons, Tara Shire State College, Darling Downs Health, TSSC P&C, Tara Neighbourhood Centre and Beyond the Broncos.



NAIDOC Week

2-9 JULY 2023

#NAIDOC2023 #ForOurElders

@naidocweek @naidocweek facebook.com/NAIDOC

For Our Elders, Bobbi Lockyer

Where there is knowledge there are our Elders. Our Elders paved the pathways for us, taught us our knowledge, our history, they passed down their art, stories and wisdom. Our Elders are the foundation of our communities and role models for our children. With this poster I wanted to showcase how important our Elders are in passing down traditions and culture to our children and future.



Designed and illustrated by Bobbi Lockyer. This poster is a reproduction of the 2023 NAIDOC Week poster, designed by the late Sir Bernard Murrell.



Energy rebates and concessions

The Queensland Government offers a range of rebates and concessions to assist eligible households to reduce their energy costs. Energy rebates and concessions currently available are listed below.

Electricity Rebate

Reticulated Natural Gas Rebate

Home Energy Emergency Assistance Scheme

Electricity Life Support Concession

Medical Cooling and Heating Electricity Concession

Electricity Rebate

Eligible Queensland pensioners, seniors, war veterans, low-income households and asylum seekers can receive \$372.20* per year.

Eligibility

To be eligible for the electricity rebate you must hold one of the following cards:

- Pensioner Concession Card issued by Services Australia or the Department of Veterans' Australia
- Queensland Seniors Card
- Gold Card issued by the Department of Veterans' Affairs (and receive the War Widow/er Pension or special rate TPI Pension)
- Health Care Card issued by Services Australia
- Asylum seeker status (ImmiCard)

Only one rebate is paid per household.

How to apply with your energy retailer

To find out more about eligibility and how to apply, contact your electricity retailer – their number is on your electricity bill.

Can I apply for the electricity rebate if I pay my landlord or body corporate for power?

Not every household has an account with an electricity retailer. Instead, your landlord, property manager, park owner, body corporate or service provider may have an electricity account and pass the charges for your usage on to you. This is known as an on-supply arrangement.

If you are an eligible concession card holder and live in a caravan park, boarding house, retirement village, nursing home or other residential multi-unit complex, you may be eligible to receive a rebate for your electricity.

How to apply through your electricity supplier?

If you do not get billed by an energy retailer contact the organisation that charges you for electricity usage. They can claim the rebate on your behalf.



Reticulated Natural Gas Rebate

The Reticulated Natural Gas Rebate provides \$80.77* per year to eligible Queensland pensioners, seniors and war veterans.

Applicants must be the registered customer of a gas retailer at the home address for which the rebate is claimed.

How to apply

To find out more about eligibility and how to apply, contact your gas retailer.

Medical Cooling and Heating Electricity Concession Scheme

This concession helps people who have qualifying chronic medical condition/s such as multiple sclerosis, autonomic system dysfunction, significant burns or a severe inflammatory skin condition, aggravated by changes in their body temperature.

These conditions require the use of air-conditioning to regulate a person's body temperature to help better manage their health.

How to apply

To find out more about eligibility and how to apply, call 13 QGOV (13 74 68).

Electricity Life Support Concession

The life support concession provides up to \$758.04* per year for eligible seriously ill people that use a home-based oxygen concentrator or kidney dialysis machine supplied free of charge through the Medical Aids Subsidy Scheme or Queensland Health.

How to apply

To find out more about eligibility and how to apply, call 13 QGOV (13 74 68).

Even if you are not eligible for this concession, if you or someone in your household depends on life support equipment, contact your electricity retailer or distribution business to register your household as a life support premises. This will ensure you are provided with advice about power supply interruptions in advance.

Home Energy Emergency Assistance Scheme (HEEAS)

Low-income households who are experiencing a short-term financial crisis or emergency that has limited their ability to pay their energy bills can receive a one-off payment of up to \$720*. A customer is only eligible for a HEEAS payment once every two years.

How to apply

To find out more about HEEAS eligibility and how to apply, contact your energy retailer.

More information

For further information about Queensland Government energy rebates and concessions, visit www.qld.gov.au/smartsavings.

*Rebate and concession amounts are valid for the 2022–2023 financial year.





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Interested? Contact Fraser Valuers to learn more about how depreciation services can benefit you. We also collaborate with real estate agents and accountants, offering educational material to new property owners about the advantages of depreciation.

Unlock the hidden value in your new property with Fraser Valuers' expertise today.

Fraser Valuers Chinchilla



Kevin Jackson & Rob Fraser
from Fraser Valuers

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News & Updates

From 10 July, Services Australia is **changing the income limit for Child Care Subsidy (CCS)**. This means that more families will get assistance with child care fees. If your family earns below \$530,000, you may be entitled to CCS. If you don't get CCS, you can make a claim at any

time using your Centrelink online account through myGov or your Centrelink app. Learn more about CCS and the changes on our website: www.servicesaustralia.gov.au/child-care-subsidy



Did you get Family Tax Benefit (FTB) during the 2021-22 financial year?

If so, you need to lodge a tax return with the ATO for that financial year or tell us you don't need to by 30 June.

So Services Australia can confirm your income for 2021-22, to make sure they paid you the right amount. If you have a partner, we also need to know their income. If you don't do this, you



may need to repay all of the FTB you got that year.

To stay up to date with information about Family Tax Benefit by subscribing to Services Australia Newsletter.

www.servicesaustralia.gov.au/familyincomeestimate

Did you know when you claim **ABSTUDY** or **Youth Allowance** Services Australia will assess you as either dependent or independent?

Most of the time, if you're 21 or younger, Services Australia will assess you as dependent. This means you need to report your parent's income as it may affect your student payment. If you're 22 or older, Services Australia will consider you independent.

There are a few circumstances where you can be considered independent at 21 or younger.

For more information, check out the video below or visit: www.servicesaustralia.gov.au/youthallowancestudentdependent



Government Services—closer than you think - Miles, Chinchilla & Tara

Services Australia can help you with Centrelink, Medicare and other government programs and services. We're all Agents of Services Australia. Using our computers, you can log into your myGov account and do your business on the spot. If you don't have a myGov account, we'll help you to set one up.

You can access the phone self service or speak to a Services Australia Service Officer. If you'd rather use your mobile phone or tablet, we've got free Wi-Fi available 24/7. You don't need a password so you can get online straight away. You can also use the Wi-Fi to download and install the Express Plus mobile apps. We can help you set up your digital services if you're not sure what to do. You can also lodge forms, get your identity documents confirmed and pick up brochures. Your local Agents are:

Murilla Community Centre, 73A Murilla St, Miles. We're open Monday - Friday from 9am to 4pm or call 07 4627 2027 to make an appointment.

In Chinchilla, you can visit the **Chinchilla Family Support Centre** in 67/71 Middle St. Monday to Friday 8:30am to 4pm or call 07 4662 8528 to make an appointment.

Tara Neighbourhood Centre at 41 Day Street is open Monday to Friday 9am to 12pm and 1pm to 4pm. Please call 07 4665 3508 to make an appointment.



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COMMUNITY UPDATE

SHELL QGC'S 2023 COMMUNITIES FUND

APPLICATIONS OPEN:
31ST MAY 2023

APPLICATIONS
CLOSE:
10TH JULY 2023

Don't miss the opportunity to get your application in for Shell QGC's 2023 Communities Fund.

Community groups from the Western Downs and the township of Taroom can access between \$20,000 and \$100,000 to support their local project. The fund focuses on activities that contribute to one or more of the following areas:

- Supporting the elderly, mental health, youth and families;
- Safety;
- Environment;
- Regional Connectivity;
- Attract and retain people locally.



2022 Communities Fund recipients



Meandarra Bowls Club – shade project

CONTACT DETAILS

qgccommunity@shell.com

1800 030 443

Download the guidelines and link to the SmartyGrants application at:

[Shell's QGC Community Contributions | Shell Australia](#)

WESTERN DOWNS BUDGET 23/24

Council's 2023-24 budget is focused on delivering critical services and infrastructure to our community while continuing to invest in initiatives to drive economic growth and enhance the liveability of the region for generations to come.



MORE INFO

Want to learn more about Council's 2023/24 budget?
Scan this QR Code or visit wdrc.info/budget24





Sunset View

Text and photos supplied by: Carol Tribe

'PICTURE WESTERN DOWNS' LAUNCH - WDRC Library Services

The theatrette in the Great Artesian Basin Centre was the perfect venue for the recent 'Picture Western Downs' launch hosted by the WDRC Library Services team. Guests enjoyed learning about the new digital collection of local historical photographs that is being compiled from various sources. This website will be a great resource for local history research and school assignments. A lovely Devonshire Tea was enjoyed by all in the historic Red Rose Café following the launch. Thanks to our fabulous volunteers for organising the morning tea.

To view the growing collection of old Western Downs photographs log in to: www.westerndownslibraries.com/picture-western-downs

TOUR GROUPS

It has been wonderful to host a few schools and tour groups through the Village recently. Down Under Coach Tours included us on their 13 Day North Qld Tropical Interlude tour and their passengers had a very enjoyable visit exploring the Village. We also welcomed students from The Gums State School, Chinchilla Christian College and Meandarra State School. The students have a fabulous time exploring all the old buildings and displays and learning the transformation over time with toys, transport, communication and technology.

SUNSET AT THE MUSEUM

For a limited time only: 7 June to 27 September 2023

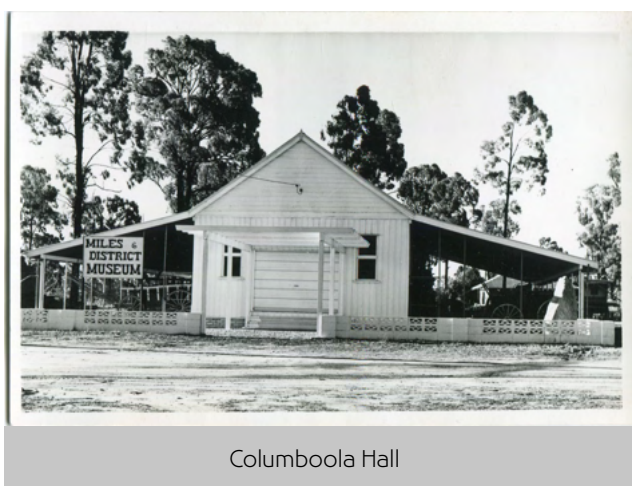
The Museum will be open every Wednesday evening from 5.00 pm – 7.30 pm.

Enjoy the Village streetscape in a different light with a sunset experience.

Book your ticket and join us at 5.00 pm on a Wednesday evening for a complimentary drink and sunset tour with one of our friendly locals. Absorb the fascinating history of the Western Downs as you explore the Village illuminated by the soft glow of the sunset and evening stars.

Head to <https://www.mhv.org.au/book-now> to book your tickets online.

FOLLOW US ON SOCIAL MEDIA



Columboola Hall



Sunset



100 Years of History



Queensland
Country Women's Association

The Queensland Country Women's Association (QCWA) recently celebrated 100 years of service to the state, having formed in 1922. Branches started in the Condamine district shortly afterwards. Records show that by July 1924, there were branches at both "Arubial" and at Condamine. These two branches then combined in around 1932 to form the Condamine-Arubial CWA Branch.

Names from the early days of these branches include Mundell, Morgan, Sheahan, Williamson, Kocho, McDonald and Liddle. A lot of the families of these founding ladies still live in the district.

Records of the CWA in Condamine from early days were already very scarce; the 2011 floods then destroyed any papers kept at the rooms. Members have been collating photos held in personal albums, but these are really only from recent years. If anyone has any history of our branch in the form of photos, documents or just oral recollections to share at our centenary celebration, please contact our branch. Email: qcwacondaminearubial@gmail.com

To celebrate 100 years of CWA in the Condamine district, a Melbourne Cup Party will be held on 7th November 2023.



2011 Floods - Condamine-Arubial CWA Building

DATE CLAIMER

Condamine-Arubial QCWA

CENTENARY

will be celebrated with a

MELBOURNE CUP PARTY

Tuesday 7th November 2023



MILES SENIOR CITIZENS CLUB



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2027 or email

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Community News



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SURAT MUSIC MORNINGS

Every 3rd Tuesday of the month.

9:30am-12pm Everyone is welcome.

Contact Wendy for more info

0418 205 810

FOR SALE

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40 weeks/year, approx. 2h & ca.
92km per day, approx. \$55,000
annual gross income

Contact 0427 276 158

Social Tennis

All welcome each Wednesday
7-8AM at Miles Courts

Contact Janene

0458 490 466

Murilla Community News 2023 Advertising Rates

	Dimensions	Cost	Inc. GST
Full Page	24.5cm High x 17.5cm Wide	\$254.55	\$280
1/2 Page	12cm High x 17.5cm Wide	\$177.27	\$195
1/3 Page	8cm High x 17.5cm Wide	\$81.82	\$90
1/4 Page	12cm High x 8.5cm Wide	\$63.64	\$70
1/8 Page	6cm High x 8cm Wide	\$31.82	\$35
Trade Directory	3.5cm High x 5.5cm Wide	\$22.73	\$25
Classified	Words Only - Limited Space Allocated	FREE	FREE



A digital copy of the Community Newsletter is available on our website:
<https://mccm.org.au/murilla-community-news/past-newsletters/>

To find out more, please contact your closest community centre:

Chinchilla Community Centre

newsletter@cfsc.org.au

Miles Community Centre Inc.

mccmcd@bigpond.com

Tara Neighbourhood Centre

centre@taranc.com.au

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Community Newsletter



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FOR SALE

Old engine Leyland P76 and Fossilize wood
Contact 0448 066 016



Appointments every second Tuesday - To book, please contact
Murilla Community Centre
07 4627 2027

MILES COUNTRY MUSIC

The second Sunday of each month at the Catholic Church Hall.
Contact Maree 07 4627 1494

Intuitive Energy Therapy

Energy healing therapy, card reading and spiritual art messages.
Contact Leanne 0458 928 510

Jumping Castle Hire

from the Meandarra Anzac Memorial Museum
0429 332 119

Missy's Healing Room

Angel reading, Energy clearing Home cleansing, Massage therapy Distance sessions
0459483972

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Positive goal setting taking baby steps to change areas of your life.

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3	7	6	8	9	5	2	1	4
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5	9	4	3	6	8	7	2	1
2	6	7	1	5	9	3	4	8
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Solutions

5	3	4	7	8	1	2	6	9
7	9	1	2	6	4	5	3	8
2	8	6	3	5	9	1	7	4
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4	1	9	8	2	6	3	5	7
3	2	5	1	4	7	8	9	6
8	6	7	9	3	5	4	2	1



Church Services

<p>Catholic Church - Dulacca</p> <ul style="list-style-type: none"> 2nd Sunday 9:00am <p>Ph: 4627 1139</p>	<p>Catholic Church - Miles</p> <p>Cnr Dawson & Edith Streets</p> <ul style="list-style-type: none"> 1st Sunday 8:00am Mass 2nd Sunday (Sat. vigil) 6:00pm Mass 3rd Sunday 8:00am 	<p>Catholic Church - Miles</p> <p>Liturgy with Communion</p> <ul style="list-style-type: none"> 4th Sunday 8:00am Mass 5th Sunday 8:00am Ecumenical Service Ph:
<p>Crossroads Christian Outreach</p> <p>64 Murilla Street, Miles</p> <ul style="list-style-type: none"> Sunday Service 9:00am Prayer Meeting 6:00pm <p>Ph: 0437 337 772</p>	<p>Holy Trinity Anglican Church Taroom</p> <p>21 Miles St, Taroom</p> <ul style="list-style-type: none"> Every Sunday 8:00am <p>Ph: 0447 082 897</p>	<p>Lutheran Church - Miles</p> <p>Murilla Street</p> <ul style="list-style-type: none"> 1st and 3rd Sunday 11am (HC) <p>Ecumenical Service</p> <p>Contact Jean Austin or Pastor Stuart</p> <p>Ph: 0437 195 795</p>
<p>Presbyterian Church - Miles</p> <p>Cnr Murilla & Dawson Streets</p> <ul style="list-style-type: none"> Sundays 9:00am <p>Ph: 0427 163 050</p>	<p>Presbyterian Church - Wandoan</p> <p>Moore Street</p> <ul style="list-style-type: none"> Sundays 9:30am <p>Contact Rev Laurie Peake</p> <p>Ph: 0438 274 157</p>	<p>St Luke's Anglican Church</p> <p>Cnr Dawson & Constance Sts, Miles</p> <ul style="list-style-type: none"> Every Sunday 8:00am 5th Sunday 8:00am Ecum.Serv <p>Ph: 0419 779 686</p>
<p>The Gums Church</p> <ul style="list-style-type: none"> 3rd Sunday 9:30am <p>Ph: 4669 4336</p>	<p>Wandoan AOG</p> <p>23 Royd Street</p> <ul style="list-style-type: none"> 10:00am Every Sunday 5th Sunday 10:30am <p>Wandoan Churches together</p> <p>Ph 0429 200 589</p>	<p>Church of United Spiritualism Australia-Miles</p> <p>Services will be held on the 4th Tuesday of every month 1:30pm at Senior Citizen Building. Join via Zoom Meeting possible. For further information ring</p> <p>Reverend Leanne 0458928510 email larchinal@gmail.com</p>

Changes in church services?
You can update the church services very easy.
Please inform the Newsletter team. Thank you.

Simply email: mccmcd@bigpond.com or
call 0746272027



Church Services

<p>Chinchilla Baptist Church</p> <p>27 Heeney St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4669 1124</p>	<p>Chinchilla Church of Christ</p> <p>16 Villiers St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4668 9522</p>	<p>Country Hope Church</p> <p>3 Burbank St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4668 9471</p>
<p>Chinchilla SDA Church</p> <p>102-104 Glasson Street</p> <ul style="list-style-type: none"> Sabbath School 9:30-10:30am Church Service 11am-12pm <p>Ph: 0415 202 946</p>	<p>Chinchilla Uniting Church</p> <p>31 Middle St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 9.30am <p>Ph: 4662 7318</p>	<p>Life Church Chinchilla</p> <p>117 Cemetery Rd, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am <p>Ph: 4669 1083</p>
	<p>Our Lady Help of Christians - Chinchilla Catholic Church</p> <p>8 Villiers St, Chinchilla</p> <ul style="list-style-type: none"> 1st, 2nd & 4th Sunday 9am and 	<p>Our Lady Help of Christians</p> <ul style="list-style-type: none"> 3rd Saturday 6:00pm Vigil Mass 5th Sunday 9:00am, Liturgy of the Word <p>Ph: 4662 7031</p>
<p>Presbyterian Church of Queensland- Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 10.00am & 6.30pm <p>Ph: 4668 9721</p>	<p>St. Cecilia's Anglican Church</p> <p>Middle Street, Chinchilla</p> <ul style="list-style-type: none"> 1st & 3rd Wednesday 9.30am 1st & 3rd Saturday 6.30pm Every Sunday 9.30am <p>Ph 0438 689 662</p>	<p>Trinity Lutheran Church</p> <p>25 Sheriff St, Chinchilla</p> <ul style="list-style-type: none"> Every Sunday 8.30am <p>Ph: 0413 960 056</p>
		<p>Tara Community Church</p> <ul style="list-style-type: none"> Sunday Service 9:00am <p>Ph: 4669 4336</p>



Community Grant Writer- Kate Bradley



JULY 2023 Dates:

Chinchilla (Chinchilla Community Centre) – 14th July

Miles (Murilla Community Centre)– 12th July

Tara (Tara Neighbourhood Centre)–11th July

Wandoan (Wandoan Surf Club) - 19th July

Update

The 2023 Grants Calendar now lists 48 programs that regularly fund not-for-profit groups in the Western Downs and Taroom. Over half of these have a round closing from July onwards. By selecting location, project type, and amount required, the calendar can help you find a grant that is a good match for your project. Please contact me to receive your free copy.

Need assistance with a grant application?

The Community Grants Writer is a free service offered to not-for-profit community groups, organisations, and Traditional Owner groups in the Western Downs.

The service is funded by Shell QGC and delivered through the Murilla Community Centre. Appointments are available in Dalby, Chinchilla, Miles, Tara, Wandoan, or via phone/email anytime.

For more information, contact Kate at mccmgrants@bigpond.com or 0499 805 858 to book an appointment to meet during an upcoming Community Days.



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At the Catholic Church Ground, Dawson Street, Miles.

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OPENING HOURS

Monday 2:00pm - 4:00pm

Wednesday 9:00am - 12:00noon

Friday 2:00pm - 5:00pm

Volunteer operated so opening hours are subject to change.

Profits fund St Vincent de Paul Society services and programs.

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CONCRETEAZ13@GMAIL.COM



Miles Community Bus

The Murilla Community Bus is transport facilitated by the Murilla Community Centre. Transport is available from Miles to Dalby or Toowoomba including stops, when requested, in Dalby.

This bus assists members of the community who are unable to drive, do not have a vehicle, or do not have family or friends to assist with transport to non urgent medical appointments in Dalby or Toowoomba.

These appointments can include X-rays or other tests, specialists appointments and/or hospital appointments. One bus is equipped with a wheelchair lifter.

Transport is available the 2nd Tuesday and 4th Thursday of each month (departure times will depend on the time of the first appointment). See bus timetable below for an outline of all dates for 2022.

Ask your referring doctor for a Patient Travel Subsidy form (PTS) to receive a rebate on the cost of travel. Please visit or contact the Murilla Community Centre on 07 4627 2027 for bookings or information.

Community Centre Toowoomba Bus Timetable 2023

May		June		July		August	
Tuesday	9	Tuesday	13	Tuesday	11	Tuesday	8
Thursday	25	Thursday	22	Thursday	27	Thursday	24
September		October		November		December	
Tuesday	12	Tuesday	10	Tuesday	14	Tuesday	12
Thursday	28	Thursday	26	Thursday	23	Thursday	28

Chinchilla Markets

Chinchilla Showgrounds
Gaske Lane
Third Sunday of the month
Starts 7am
Contact 0439 074 088

St Luke's Markets

St Luke's Church
Dawson Street, Miles
Second Saturday of the month
8:30am - 12 noon
Contact 0419 779 686

Community Markets



Slow cooker Lamb Stew



Makes 6 servings | 20min prep | 8h 10min cook

Ingredients

- 2 tbsp vegetable oil
- 600g boneless lamb shoulder roast, cut into 3cm pieces
- 1 brown onion, coarsely chopped
- 1 tbsp plain flour
- 1 tbsp tomato paste
- 250ml (1 cup) Massel chicken style liquid stock
- 400g potatoes, halved or quartered
- 2 carrots, peeled, coarsely chopped
- 1 fresh rosemary sprig
- 80g (1/2 cup) frozen peas, thawed
- Crusty bread, to serve

Method

1. Heat 1 tbsp oil in a large frying pan over medium-high heat. Add half the lamb and cook for 3 minutes, turning occasionally, or until browned. Transfer to slow cooker. Repeat with remaining lamb.
2. Reduce heat to medium. Heat remaining oil in pan. Add the onion and cook, stirring occasionally, for 4 minutes or until lightly browned. Add flour and tomato paste and cook, stirring, for 1 minute or until coated.
3. Cover and cook on HIGH for 6 hours. Sprinkle with Gradually add stock, scraping to dislodge any bits that have cooked onto the base. Transfer mixture to slow cooker. Add the potato, carrot and rosemary to slow cooker. Cover and cook on Low for 8 hours or until meat and vegetables are tender.
4. Add peas to slow cooker and stir until combined. Cover and cook on High for 5 minutes or until heated through. Serve with crusty bread.

Find both recipes and others on their website:
www.taste.com.au



Slow cooker Peanut Butter Brownie

Makes 12 servings | 10min prep | 3h 35min cook

Ingredients

- 1 1/4 cups (185g) plain flour
- 1/4 cup (25g) cocoa powder
- 1 tsp baking powder
- 115g butter, chopped
- 200g dark chocolate, chopped
- 1 cup (220g) caster sugar
- 3 Eggs, lightly whisked
- 1/2 cup (140g) peanut butter
- 1/2 cup (70g) peanuts, chopped

Method

1. Lightly spray the bowl of a slow cooker with oil. Line the base and side of slow cooker with 2 layers of baking paper, then lightly spray the paper.
2. Combine the flour, cocoa powder and baking powder in a bowl. Place the butter and chocolate in a medium saucepan over medium heat. Cook, stirring, for 2-3 mins or until melted and smooth. Remove from heat. Stir in the sugar until combined. Add the egg and stir until combined. Add the flour mixture and stir until just combined. Fold in peanut butter and peanuts until lightly marbled. Spoon into prepared slow cooker and smooth the surface. Cook, covered, on low for 3 hours.
3. Uncover and cook for 30 mins. Remove the bowl from the slow cooker. Loosen the edges of the brownie and set aside in the bowl to cool completely. Turn out and cut into slices to serve.



Sudoku

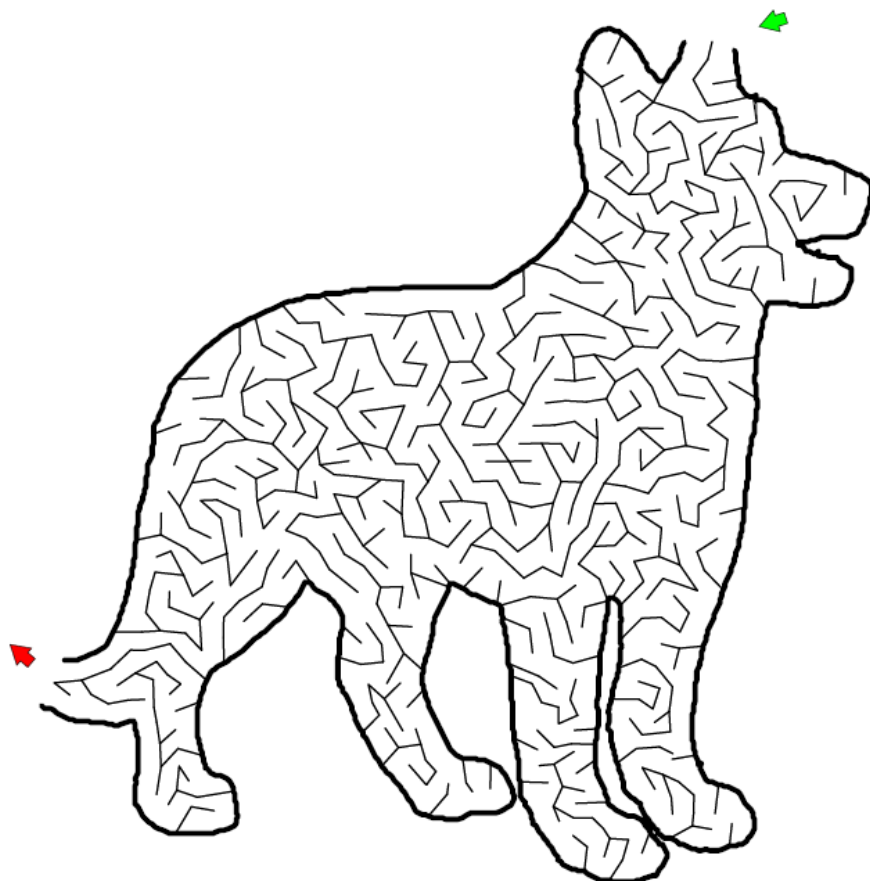
solutions on page 51

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Source: www.puzzles.ca

Maze



Source: <https://krazydad.com/mazes/>



July 2023

July 2023	
1st	New financial year 2023/24
5th	CWA Miles Branch Meeting, Miles RSL contact: 0438 690 359 Social Bowls at Miles Bowls Club, 5:30pm weekly event
6th	Healing Group - Combining Colour with Creativity 10am at Senior Citizens Building, Miles, costs: \$10 Miles Chamber of Commerce, MCC Meeting Room 5:30pm
7th	Speaking for Fun, 10-11:30am at Senior Citizen Hall, Miles \$5/pp
8th	St. Lukes Markets - Miles, Phone 0419 779 686
9th	Last day of Winter School holidays
11th	Storytime for Toddler at Dogwood Crossing, Miles - Paint the Town more info www.western-downslibraries.com Miles District Hospital Aux. Inc. Bingo, 9:15am Senior Citizens Rooms. All welcome. Miles State Primary School P & C Meeting 5:30pm School Admin Building, Update on Facebook page Miles Golf Club Monthly Meeting 7pm at the Golf Club
15th	Activate! QLD - Country Week Start 12pm, Hostplus Cup 3pm, Centenary Oval, Miles
18th	Storytime for Toddler at Dogwood Crossing, Miles - You've Got to Have a Hat, more info www.western-downslibraries.com Connect with Council - Chinchilla Weir Boat Ramp from 5:30pm
21st	Speaking for Fun, 10-11:30am at Senior Citizen Hall, Miles \$5/pp
26th	Senior Citizen Meeting 9:30am at Senior's Room, opposite Foodworks
27th	RSL Meeting 11am, 26 Marian St, Miles Low Impact Exercise 10-11am at Mary MacKillop Hall, Miles \$5/pp
26th	WDRC Grants & Funding Community Engagement Day 9:30am - 3:30pm at Chinchilla - Customer Service Centre Miles Show Meeting, Walsh Pavilion 7pm. All welcome.
28th	Miles District Hospital Aux. Inc. Bingo, 9:15am Senior Citizens Rooms. All welcome. Miles District Hospital Aux. Inc. Meeting 2pm, Hospital Conference Room. All welcome.
29th	Miles Regional Arts Council's ARTS Workshops at Miles Leichhardt Centre \$10 per workshop, \$5 pp for concert, register email: milesregionalartscouncil@gmail.com